

WORLD DRUG FREE POWERLIFTING ASSOCIATION  
SCO Powerlifting Championships 2011  
Marinecraft Gym, Dumbarton - 24/07/2011

		W.Cl.	U/E	Competitor Name	age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS
1	1	110kg	U	Andrew RIGBY**	49	M2	104.5		215 WR*		215 WR*	117.089
									217.5 WR*			
2	2	110kg	U	Joe COGHAN	47	M2	102.6		160		160	87.728
1	1	125kg	U	Haydn ROWLANDS	55	M4	124		177.5 WR*		177.5 WR*	92.726
w 1	1	47.5kg	U	Haley RUTHERFORD	15	T1	47.3	60 WR*	30 ER*	80 WR*	170 WR*	177.786
w 1	1	58.5kg	U	Sue BETHELL	51	M3	56.3	70 WR*	47.5 WR*	120 WR*	237.5 WR*	215.46
w 1	1	70kg	U	Louise MATHUR	27	Snr	69.3	105	60	160	325	248.138
w 2	1	70kg	U	Amy BROOMHEAD	14	T1	64.3	80 WR*	47.5 ER*	95 WR*	222.5 WR*	180.581
1	1	56kg	U	Ryan RUTHERFORD	14	T1	55.1	70 ER*	37.5	80 ER*	187.5 ER*	166.988
1	1	67.5kg	U	David AIKMAN	18	T3	66.1	130	105	160	395	292.221
1	1	75kg	U	Stuart BIZZARH	44	M1	74.9	125	87.5	185	397.5	264.417
1	1	75Kg	U	Gordon RENNIE	24	Snr	73.1	160	105	180	445	295.391
1	1	82.5kg	U	Martin MAC DONALD	24	Snr	79.6	170	112.5	210	492.5	312.836
2	2	82.5kg	U	Huw JONES	30	Snr	79.6	160	110	190	460	292.192
3	1	82.5kg	U	Elliot FRASER	52	M3	81.6	170	110	175	455	283.966
4	1	82.5kg	U	Alex HUGHES	14	T1	81.6	110	62.5	152.5	325	202.833
1	1	90kg	U	Stuart YULE	35	Snr	89.6	210	145	255	610	358.009
1	1	90Kg	U	Gary MARTIN	24	Snr	89.3	170	82.5	227.5	480	282.288
1	1	110kg	U	Chris BEVERAGE**	31	Snr	109.3	195	132.5	285	612.5	329.096
2	1	110kg	U	David BROOMHEAD	42	M1	105.5	210	150	245	605	328.455
3	1	110kg	U	Les PILLING	56	M4	110	220 WR*	135	250	605	324.583
1	1	67.5kg	E	Scott MAC ARTHUR	29	Snr	65.4	155	115	200	470	351.137
1	1	75kg	E	Bernie MC GURK	43	M1	74.2	210	135	235	580	388.658
2	1	75kg	E	Daniel MC KEAN	24	Snr	71.2	175	125	215	515	356.947
1	1	82.5kg	E	Darren BELL	20	Jnr	80.4	232.5	130	222.5	585	368.96
1	1	100Kg	E	Arthur COWLEY	51	M3	98.7	275 WR*	180 WR*	260	715 WR*	398.47
2	1	67.3Kg	E	Paul RUTHERFORD	41	M1	67.3	180	125	195	500	363.9

(\*\* drug tested; WR/ER/NR - World/European/National Records: \* Age class Record/† MPF Record)

### Best Lifters:

#### Women, unequipped

1st Louise MATHUR: 248.1375 Points

2nd Sue BETHELL: 215.46 Points

3rd Amy BROOMHEAD: 180.581 Points

#### Men, unequipped

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1st		Stuart YULE: 358.009 Points								
2nd		Chris BEVERAGE: 329.09625 Points								
3rd		David BROOMHEAD: 328.4545 Points								

**Men, equipped**

1st		Arthur COWLEY: 398.4695 Points
2nd		Bernie MC GURK: 388.658 Points
3rd		Darren BELL: 368.9595 Points