

WORLD DRUG FREE POWERLIFTING ASSOCIATION
World Powerlifting Championships 2010
Castleblinyne, Ireland - 13/11/2010

			W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS
w	2	1	44kg	U	Imelda FLANAGAN	ENG	48	M2	41.4	70 WR*	35	112.5 WR*	217.5 WR*	252.8
w	1	1	44kg	U	Judith GEDNEY	USA	70	M7	42.8	70 WR*	50 WR*	112.5 WR*	232.5 WR*	263.26
												115 WR		
w	1	1	53kg	U	Pauline MURRAY	IRL	43	M1	50.8	70 NR	52.5 NR	105	227.5 NR	224.588
w	1	1	55.5kg	U	Louise FOX	ENG	38	Snr	53.2	100	72.5	168 WR	340 WR	323.204
w	1	1	58.5kg	U	Sophie SIMMONS	USA	21	Jnr	58.1	92.5 WR*	60	140 WR*	292.5 WR*	258.512
w	1	1	63kg	U	Claudia GERHARDT	SWI	24	Snr	61.6	120	72.5	155	347.5	292.421
w	2	2	63kg	U	Dee LYNCH	IRL	27	Snr	60.5	115 NR	55	135 NR	305 NR	260.592
w	3	1	63kg	U	Melanie GOLDING	ENG	50	M3	62.8	101 WR*	60 NR*	142.5 NR*	302.5 NR*	250.47
w	4	1/1	63kg	U	Teresa LOI	ITA	48	M2/MPF	62.8	85 WR†	67.5 WR†	125 WR†	277.5 WR†	229.77
w	---	---	63kg	U	Jennifer O'NEIL	IRL	35	Snr	62.3	100	0	0	---	---
w	1	1	70kg	U	Kate WALKER	USA	61	M5	68.7	75	42.5	110	227.5	174.766
w	2	1	70kg	U	Joy FLEMING	NIR	19	T3	64.7	75 NR*	45 NR*	100 NR*	220 NR*	177.606
w	1	1	90kg	U	Mary ANDERSON	SCO	43	M1	80.2	140 NR	90 NR	185 WR*	415 NR	285.23
											192.5 WR*			
	1	1	56kg	U	Jack COYNE	IRL	18	T3	55.1	100 NR*	62.5 NR*	150.5 WR*	312.5 NR*	278.313
											155 WR*			
	1	1	60kg	U	Sean DONELON	IRL	21	Jnr	59.7	140 NR*	80	215 WR	435 WR*	355.395
	2	1	60kg	U	Vladimir PREPELITA	MDA	18	T3	60	145 WR*	97.5	180 WR*	422.5 WR*	343.408
	3	1	60kg	U	Terry STANSBIE	ENG	40	M1	59.4	135	95	185	415	340.84
	4	1	60kg	U	David AIKMAN	ENG	17	T2	59.1	140	98 ER*	172.5 WR*	410 WR*	338.537
	5	1	60kg	U	Gary MORRISON	USA	65	M6	59.5	80	80	130	290	237.771
	1	1	67.5kg	U	Paul RUTHERFORD	SCO	40	M1	66.7	152.5	110	190	452.5	331.999
	2	1	67.5kg	U	Dave FITZPATRICK	IRL	22	Jnr	65.3	155 NR*	90	180	425	317.943
	3	2	67.5kg	U	Shane McQUILLAN	IRL	21	Jnr	64.3	135	95	170	400	303.64
	4	1	67.5kg	U	Jean Pierre CHAVETTE	FRA	61	M5	66.5	130	75	152.5	357.5	263.013
	5	1	67.5kg	U	Trevor HARVEY	NIR	67	M6	67	90	65	150	305	222.864
	1	1/1	75kg	U	Mark FLEMING	ENG	27	Snr/MPF	73	207.5 WR†	165.5 WR†	247.5	620 WR	420.918
	2	2	75kg	U	Tommy DOLAN	IRL	24	Snr	74.3	180	140	230	550	368.17
	3	1	75kg	U	Tom KOERNER	GER	22	Jnr	71.1	160	115	235	510	353.889
	4	3	75kg	U	Charles DEGIORGIO	MAL	31	Snr	71.9	180	110	220	510	350.574
	5	4	75kg	U	David MARTIN	IRL	34	Snr	74.2	167.5	125	215	507.5	340.076
	6	1	75kg	U	Michael MCAULEY	NIR	17	T2	74.4	160 NR*	115 NR*	211.5 ER*	485 ER*	324.32
	7	1	75kg	U	Mike MARCINKOWSKI	CAN	60	M5	72.6	150 WR*	100	225 WR*	475 WR*	323.95
	8	1	75kg	U	Tudor MORARU	MDA	16		73.6	165 ER*	92.5	190	447.5	301.839
	9	1	75kg	U	Des HUGHES	NIR	41	M1	71.5	155	110	180	445	307.317
	10	1	75kg	U	Jean-Claude D'HEILLY	FRA	52	M3	74.1	127.5	107.5	210	445	298.506
	11	1	75kg	U	Leon LYNCH	IRL	18	T3	73.6	150	90	200	440	296.78

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12	2	75kg	U	Robert HERBST	USA	52	M3	74	135	117.5	170	422.5	283.751
1	1	82.5kg	U	Paul McCAFFREY	ENG	31	Snr	82.2	260 WR	145	257.5	662.5 WR	411.346
2	2	82.5kg	U	Nun AMEN-RA	USA	35	Snr	82.4	180	145	290 WR	615	381.177
3	3	82.5kg	U	Dymtro GABIDA	UKR	31	Snr	81.9	217.5	145	247.5	610	379.664
4	1	82.5kg	U	Sergey DERMELEV	EST	51	M3	82.4	210	135	255	600	371.88
5	4/1	82.5kg	U	Nicolas HANCOCK	ENG	28	Snr/MPF	81.2	200 NR†	147.5	235	582.5 NR†	364.762
6	5	82.5kg	U	Alex TOSH	ENG	28	Snr	81	185	155	230	570	357.561
7	1	82.5kg	U	Luke DENNEHY	IRL	23	Jnr	80.9	182.5 NR*	137.5 NR*	220	540 NR*	339.066
8	6	82.5kg	U	Warren YELVERTON	IRL	37	Snr	81.4	175	140	200	515	321.927
9	1	82.5kg	U	Paul GOLDING	ENG	47	M2	82.3	190	105	210	505	313.252
10	7	82.5kg	U	Rafak FLAMHOLC	POL	24	Snr	80.8	160	127.5	215	502.5	315.771
11	8	82.5kg	U	Herman MULA	MAL	28	Snr	77.6	170	115	215	500	323.65
12	9	82.5kg	U	Stephen ROBSON	IRL	36	Snr	81.4	162.5	122.5	212.5	497.5	310.987
13	1	82.5kg	U	Darren BELL	SCO	19	T3	79.9	175	100	200	475	300.913
14	1	82.5kg	U	Frank DOHENY	IRL	44	M1	81.8	155	127.5	190	472.5	294.368
15	1	82.5kg	U	David FREEMAN	ENG	60	M5	76.5	135	95	170	400	261.72
	---	82.5kg	U	Raymond BUTLER	IRL	25	Snr	78.7	155	0	0	---	---
1	1	90kg	U	Anthony O'ROURKE	IRL	22	Jnr	86.6	232.5 WR*	120	285 WR*	637.5 WR*	382.181
2	1	90kg	U	Gysin RAMON	SWI	27	Snr	88.8	225	140	257.5	622.5	367.337
3	2	90kg	U	Kris MINTOFF	MAL	31	Snr	88.3	205	122.5	247.5	575	340.515
4	1	90kg	U	Patrick VALFREY	FRA	45	M2	87.1	190	142.5	235	567.5	338.968
5	2	90kg	U	James TRACEY III	USA	47	M2	87.7	200	125	240	565	336.006
6	3	90kg	U	Josef SPITERI	MAL	30	Snr	87.6	182.5	150	220	552.5	328.848
7	2	90kg	U	Matthew BOLTON	ENG	22	Jnr	89.9	180	130	230	540	316.278
8	3	90kg	U	Stephen HOWARD	IRL	21	Jnr	86.3	175	115	242.5	532.5	319.979
9	4	90kg	U	Benny DERMODY	IRL	39	Snr	89.9	190	120	215	525	307.493
10	5	90kg	U	Johnathan MOGFORD	WAL	32	Snr	87.8	100	150	240	490	291.207
11	1	90kg	U	James DOOLEY	IRL	16	T2	83.4	135	95	190	420	258.174
1	1	100kg	U	Liam ARMSTRONG	SCO	27	Snr	99.2	240	155	270	665	369.74
2	1	100kg	U	Steve SPRANGE	ENG	43	M1	98.6	250	145	260	655	365.163
3	2	100kg	U	Andrea RAVASI	ITA	42	M1	90.4	215	170	240	625	364.875
4	1	100kg	U	Brett LE CRAS	ENG	22	Jnr	93.8	205	125	295 NR*	625	357.313
5	1	100kg	U	Laurence McCONNELL	NIR	65	M6	99.6	240 WR*	140 WR*	240 WR*	620 WR*	344.1
								245 WR*	145 WR*				
6	2	100kg	U	Tom BRAZIL	IRL	39	Snr	99.8	210	160	240	610	338.245
7	2	100kg	U	Liam ALLISON	ENG	22	Jnr	100	215	132.5	257.5	605	335.17
8	3	100kg	U	Andrew SCULLY	IRL	40	M1	99.4	200	160	240	600	333.3
9	4	100kg	U	Vladimir TOROPOV	EST	40	M1	90.9	210	152.5	220	582.5	338.957
10	1	100kg	U	Mark PRICE	ENG	46	M2	97.9	185	160	190	535	299.279
1	1	110kg	U	John MITCHELL	ENG	51	M3	102.4	290 WR*	160	270	720 NR*	395.064
2	1	110kg	U	James HICKEY	IRL	33	Snr	107.9	240	165	300	705	380.136

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3	1	110kg	U	Michal PRZEDNOWEK	POL	22	Jnr	108.4	235	150	250	635	341.948
4	2	110kg	U	Paul O'HARE	IRL	21	Jnr	101.9	225	110	250	585	321.575
5	1	110kg	U	Peter LEITCH	NIR	47	M2	107.4	220 NR*	140 NR*	225 NR*	585 NR*	315.842
6	1	110kg	U	Victor TERLIȚA	MDA	55	M4	105.6	190	165 WR*	220	575	312.053
7	3	110kg	U	Jonathon CATHCART	NIR	21	Jnr	106.7	162.5	135	200	497.5	269.148
8	1	110kg	U	Eugene O'REILLY	IRL	40	M1	100.9	100	175 NR*	100	375	206.963
1	1	125kg	U	James O'CONNELL	IRL	31	Snr	115.8	290 WR	215 NR	300	805 WR	427.214
2	2	125kg	U	Brad MANION	USA	33	Snr	123.8	220	167.5	260	647.5	338.448
3	1	125kg	U	Shane O'NEILL	IRL	23	Jnr	123.7	215	140	270 NR*	625 NR*	326.75
4	1	125kg	U	Les PILLING	ENG	55	M4	116.5	220 NR*	130	260	610	323.361
5	1	125kg	U	Todd CREVISTON	USA	44	M1	118.3	230	145	215	590	311.815
6	3	125kg	U	Robert NEWMAN	NIR	27	Snr	123.9	200	150	240	590	308.334
7	2	125kg	U	John O'DWYER	IRL	55	M4	121.6	185 NR*	160 NR*	220 NR*	565 NR*	296.851
8	1	125kg	U	Matthew McCOY	NIR	16	T2	121.3	165	95 NR*	240 NR*	500 NR*	262.85
9	2	125kg	U	Nathan MEEHAN	IRL	17	T2	123.9	160	90 NR*	242.5 NR*	492.5	257.381
1	1	145kg	U	Brian IRWIN	NIR	33	Snr	141.9	315	215	335	865	433.625
2	1	145kg	U	Peter SUTTON	WAL	44	M1	133.1	280	217.5	300	797.5	407.762
3	2	145kg	U	Bill McDONOUGH	USA	43	M1	143.1	265	212.5	275	752.5	376.25
1	1	+145kg	U	Richard DELEON	USA	42	M1	162.1	290	192.5	270	752.5	362.329

(** drug tested; WR/ER/NR - World/European/National Records: * Age class Record/† MPF Record)

Best Lifters:

Women, unequipped

1st Louise FOX: 323.204 Points

2nd Claudia GERHARDT: 292.42125 Points

3rd Mary ANDERSON: 285.2295 Points

Men, unequipped

1st Brian IRWIN: 433.6245 Points

2nd James O'CONNELL: 427.2135 Points

3rd Mark FLEMING: 420.918 Points