

BDFPA NATIONAL UNEQUIPPED POWERLIFTING CHAMPIONSHIP 2011

						British Record						
						Euro Record						
						World Record						
						Best Lifter						
						S	B	D	T	P		
1	1	- 44 KG	Flanagan	Imelda	EM 50 M3	41.9	72.5	40	105	217.5	256.187	
1		- 53 KG	Tosunlar	Olivia	SC 25 SR	51.4	70	40	120	230	224.894	
1		- 55,5 KG	Fox	Louise	EM 38 SR	54.6	105.5	72.5	165	342.5	318.696	
1		- 58,5 KG	Lima	Rosi	SC 34 SR	58.3	117.5	67.5	150	335	295.24	
								151.5				
1		- 63 KG	Watton	Louise	SC 24 SR	63.0	132.5	75	177.5	385	317.89	
							137.5					
2		- 63 KG	Barrs	Helen	NM 39 SR	61.7	85	62.5	145	292.5	245.817	
3		- 63 KG	Akin	Deniz	SE 29 SR	62.5	90	60	110	260	216.138	
4	1	- 63 KG	Stammas	Hannah	SC 21 JR	62.5	82.5	50	112.5	245	203.669	
5	1	- 63 KG	Bethell	Sue	WAL 50 M3	59.1	80	47.5	115	242.5	211.29	
6	2	- 63 KG	Whitfield	Sophie	WM 21 JR	62.8	80	52.5	110	242.5	200.79	
1		- 70 KG	Stephenson	Evelyn	SE 24 SR	68.7	122.5	67.5	130	320	245.824	
2	1	- 70 KG	Goldng	Melanie	SE 50 M3	63.1	97.5	63	140	300	247.38	
3	1	- 70 KG	Hicks	Lisa	SC 17 T2	69.0	90	67.5	105	262.5	201.023	
4	1	- 70 KG	Gaskin	Jo	SCO 40 M1	67.6	87.5	42.5	127.5	257.5	200.747	
1	1	- 80 KG	Head	Shacher	SW 14 T1	78.7	107.5	67.5	132.5	307.5	214.26	
							112.5					
2		- 80 KG	Bowers	Sha Sha	SC 25 SR	71.5	75	45	100	220	164.296	
1	1	60 KG	Rodrigeuz	Ronald	SC 20 JR	58.6	115	92.5	165	372.5	310.293	
1	1	67,5 KG	Tyers	Steve	SC 21 JR	62.9	150	110	232.5	492.5	381.835	
2		67,5 KG	Richards	Paul	SC 33 SR	67.4	160	110	195	465	337.962	
3	1	67,5 KG	Rutherford	Paul	SCO 41 M1	67.0	160	100	190	450	328.815	
4	2	67,5 KG	Harris	Jordan	EM 20 JR	65.0	147.5	92.5	207.5	447.5	336.252	
5	2	67,5 KG	Stansbie	Terry	WM 40 M1	66.1	135	102.5	187.5	425	314.415	
6	1	67,5 KG	Davidson	Dean	SE 19 T3	66.8	130	102.5	170	402.5	294.912	
7	2	67,5 KG	Gordon	Frazer	SCO 19 T3	65.5	135	90	160	385	287.21	
8	1	67,5 KG	Raine	Jordan	SC 15 T1	67.3	130	75	175	380	276.564	
9	2	67,5 KG	Gilchrist	Greame	SCO 15 T1	61.6	110	80	140	330	261.195	
10	1	67,5 KG	Goddon	Martin	SC 66 M6	65.9	105	80	147.5	332.5	246.649	
11	OUT	67,5 KG	Wilkes	Darren	SC 33 SR	67.5	135					
1		75 KG	Flemming	Mark	NE 27 SR	73.1	220	165	260	645	437.44	
								261				
2		75 KG	Dew	Sam	SW 24 SR	73.6	190	145	225	560	377.72	
3	1	75 KG	Cannings	Alistar	SC 19 T3	73.6	195	130	230	555	374.35	
								230.5				

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4	75 KG Grady	Tom	WM	31 SR	73.5	175	137.5	237.5	550	371.36	
5	1	75 KG Ridett	Lewis	SC	17 T2	75.0	175	132.5	230	537.5	357.17
							176	240			
6	1	75 KG Minty	Terrance	SC	20 JR	73.9	187.5	110	240	537.5	361.361
7		75 KG Smith	Martin	SC	37 SR	74.2	155	130	230	515	345.102
8		75 KG Singh	Diljeet	NE	26 SR	75.0	187.5	120	200	507.5	337.234
9		75 KG Shore	Matthew	SE	36 SR	74.3	162.5	125	207.5	495	331.35
10	1	75 KG Roberts	Peter	NW	57 M4	74.1	165	107.5	190	462.5	310.58
							165.5				
11		75 KG Hopkinson	Dan	SC	31 SR	74.5	162.5	110	187.5	460	
12		75 KG Markar	Aaron	SC	26 SR	73.7	142.5	105	195	442.5	298.112
13		75 KG Madronal	Seb	SW	37 SR	72.6	170	100	170	430	
14	2	75 KG Ferguson	Michael	SCO	19 T3	70.4	127.5	92.5	205	425	297.373
15	1	75 KG Barrs	Kevin	NM	48 M2	74.5	100	130	175	405	270.54
16	3	75 KG Khallil	Haleem	EC	18 T3	71.5	115	100	180	395	272.787
17	3	75 KG Wood	Phil	SC	22 JR	73.7	105	92.5	195	392.5	264.427
18	1	75 KG Freeman	David	EM	60 M5	72.9	132.5	92.5	162.5	387.5	263.384
19	2	75 KG Callender	Jamie	SC	20 JR	68.3	107.5	85	180	372.5	267.567
20	1	75 KG Hayes	Peter	SC	15 T1	69.8	110	80	162.5	352.5	248.442
21	4	75 KG Somers	Jack	SC	21 JR	72.5	155	135			
1		82,5 KG McCaffrey	Paul	ne	31 SR	82.5	250	145	265	660	408.738
2		82,5 KG Leaver	James	SC	35 SR	81.8	202.5	160	242.5	605	376.915
3		82,5 KG Tosh	Alex	WM	28 SR	82.5	195	160	240	595	368.484
4		82,5 KG Crossland	Richard	NW	36 SR	81.6	190	150	245	585	365.099
5	1	82,5 KG Long	Jack	SE	21 JR	80.3	170	140	240	550	347.16
6	1	82,5 KG Tucker	Adrian	SE	49 M2	80.6	195	122.5	230	547.5	344.651
7		82,5 KG Chaunt	Rob	SC	29 SR	78.5	175	130	235	540	346.572
8	2	82,5 KG Elkins	Adam	SC	21 JR	79.5	180	120	240	540	343.332
9		82,5 KG Hill	Richard	SE	24 SR	82.1	190	127.5	222.5	540	335.556
10		82,5 KG Jolley	Russel	SC	24 SR	81.4	185	115	230	530	331.303
11	2	82,5 KG Golding	Paul	SE	48 M2	81.7	187.5	112.5	217.5	517.5	322.661
12	1	82,5 KG Attewell	Leslie	NM	44 M1	81.6	160	115	240	515	321.412
13	3	82,5 KG Cheema	Baljij Singh	WM	23 JR	80.7	150	120	220	490	308.21
14	4	82,5 KG Bryson	John	SC	20 JR	82.5	155	120	210	485	300.361
15		82,5 KG Coogan	Joseph	SC	36 SR	77.9	152.5	110	197.5	460	296.884
16	1	82,5 KG Mather	Andrew	SCO	18 T3	82.2	157.5	95	190	442.5	274.748
17	1	82,5 KG West	Eric	SE	71 M7	81.8	115	80	150	345	214.935
18	1	82,5 KG Carpenter	Jordan	SC	16 T2	75.9	102.5	65	142.5	310	204.073
1		90 KG Nosko	Phil	SC	29 SR	89.80	225	152.5	295	672.5	394.152
2		90 KG Kendrick	Ian	SC	34 SR	89.20	240	150	260	650	382.525
3	1	90 KG Cutler	Craig	SW	19 T3	89.10	225	140	265	630	371.01
							230				
4		90 KG Hull	Aaron	SC	25 SR	89.10	220	170	210	600	353.34
5		90 KG Lenik	Sebastian	SC	25 SR	89.10	200	142.5	240	582.5	343.034
6		90 KG Malik	Abdul	NW	37 SR	83.80	175	145	230	550	336.985
7	1	90 KG Mc Ging	Tom	NW	23 JR	89.50	200	130	217.5	547.5	321.547
8	2	90 KG Fernandez	Julian	SC	20 JR	88.50	190	107.5	245	542.5	320.835
9	1	90 KG Woodfall	Ashley	SC	43 M1	87.30	180	145	210	535	319.128
10	2	90 KG Baker	Alex	SC	19 T3	86.60	152.5	145	210	507.5	304.246
11	2	90 KG McFarlane	Ross	WAL	42 M1	88.90	145	130	225	500	294.85
12	3	90 KG Simmons	Nathan	EC	18 T3	83.20	160	100	215	475	292.458
13		90 KG Clark	Phil	SC	34 SR	89.80	150	110	215	475	278.398

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14	4	90 KG Evans	Ricky	SC	19 T3	89.00	150	102.5	215	467.5	275.498
15	1	90 KG Davies	Andy	NW	66 M6	90.00	150	100	200	450	263.385
16		90 KG Kravtsov	Denis	GU	27 SR	89.10	147.5	97.5	175	420	247.338
17	1	90 KG Audin	Brandon	SC	15 T1	88.30	110	75	120	305	180.621
1	1	100 KG Sprange	Steven	SW	43 M1	98.80	260	150	280	690	384.33
2		100 KG Tosh	Henry	WM	31 SR	94.70	210	185	290	685	389.628
3	1	100 KG Jex	Terry	SC	55 M4	99.50	230	150	290	670	372.051
4	1	100 KG Le Cras	Brett	SC	22 JR	97.40	215	127.5	300	642.5	360.314
5	1	100 KG Goodhall	Sam	SC	19 T3	93.50	230	132.5	270	632.5	362.233
6		100 KG Cook	Steve	WAL	38 SR	93.60	230	145	245	620	354.826
7		100 KG Cox	James	SW	28 SR	97.20	217.5	135	267.5	620	348.006
8		100 KG Baldock A	Steve	SE	25 SR	97.40	210	130	260	600	336.48
9	2	100 KG Goodwin	Michael	SC	22 JR	99.70	205	152.5	240	597.5	331.493
10	3	100 KG Roberts	Mike	WM	23 JR	97.60	190	140	250	580	324.916
11	2	100 KG Leppard	Michael	SC	56 M4	96.60	200	150	230	580	326.54
12	2	100 KG Goodall	Scott	SC	44 M1	92.50	200	135	220	555	319.736
13	4	100 KG Glover	Edward	SE	21 JR	97.00	180	127.5	240	547.5	307.64
14	1	100 KG Jewell	Ron	SW	61 M5	92.90	150	125	190	465	267.236
1	1	110 KG Mitchell	John	WM	51 M3	102.40	270	165	290	725	397.808
2	1	110 KG Hooker	Paul	SC	48 M2	103.20	250	170	280	700	382.97
							251	176			
3	1	110 KG Murdock	Alistar	SE	43 M1	106.30	230	212.5	252.5	695	376.412
								215			
4	2	110 KG Holloway	David	SC	48 M2	109.60	225	142.5	240	607.5	326.228
5	1	110 KG Rakowsky	Nick	SC	20 JR	102.90	180	150	210	540	295.758
6	3	110 KG Gaskin	Pete	SCO	48 M2	109.10	140	155	240	535	287.616
7	OUT	110 KG Acton	Stuart	SE	34 SR	107.30	187.5				
1	1	125 KG Adams	Michael	SC	46 M2	124.00	232.5	187.5	280	700	365.68
2		125 KG James	Anthony	WM	32 SR	117.00	250	170	270	690	365.424
3	2	125 KG Stanislaus	Steve	SC	47 M2	112.80	225	152.5	290	667.5	356.045
4	1	125 KG Rushton	Josh	SC	18 T3	113.70	242.5	160	265	667.5	355.511
5	1	125 KG Pilling	Leslie	NW	56 M4	113.10	235	135	265	635	338.519
6	1	125 KG Din	Karam	NW	20 JR	114.20	210	155	235	600	319.26
7		125 KG Mihalyi	Zoltan	SC	32 SR	122.50	200	150	232.5	582.5	305.405
8	2	125 KG Leadbetter	Mike	NW	59 M4	117.80	180	142.5	255	577.5	305.498
9		125 KG Ball	Matthew	SC	28 SR	123.60	210	125	240	575	300.725
10	2	125 KG Sammes	Peter	SC	23 JR	113.10	190	145	225	560	298.536
11	1	125 KG Fowler	Donald	SE	70 M7	118.20	130	92.5	185	407.5	215.405
1	1	145 KG Sievwright	Carl	SC	21 JR	142.90	225	162.5	250	637.5	318.878