

BRITISH DRUG FREE POWERLIFTING ASSOCIATION  
British Powerlifting Championships 2011  
Palace of Art, Glasgow - 16/04/2011

Day 1, Flight 4

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	SQUAT				SUB TOT	BENCH				SUB TOT	DEADLIFT				TOTAL	POINTS
							1	2	3	4		1	2	3	4		1	2	3	4		
90kg	Nick STEVENS	SCO SCO	23/02/88 23	83.2	Jnr	E	240	NR* 250	NR* <del>260</del>		250	100				350	ER* 300	ER 320			NR* 670	412.519
90kg	Neil ABERY	EM	09/11/77 33	86.7	Snr	E	300	315	<del>328</del>		315	175	<del>180</del>	<del>180</del>		490	240	260	<del>272.5</del>		750	449.325
90kg	Tony CRUMP	SE	28/08/74 36	88.9	Snr	E	217.5	232.5	<del>240</del>		232.5	145	157.5	<del>167.5</del>		390	235	247.5	<del>252.5</del>		637.5	375.9338
90kg	Tommy MOFFAT	SCO SCO	02/02/72 39	89.2	Snr	E	230	252.5	265		265	130	140	<del>147.5</del>		405	230	<del>250</del>	<del>250</del>		635	373.6975
90kg	Russel MARTIN	SW	22/03/82 29	89.5	Snr	E	<del>190</del>	<del>190</del>	190		190	165	<del>170</del>	<del>170</del>		355	240	<del>250</del>	<del>250</del>		595	349.4435
100kg	Frank SINCLAIR	SCO SCO	29/06/61 49	97.7	M2	E	<del>220</del>	220	240		240	<del>140</del>	<del>140</del>	140		380	250	<del>270</del>	<del>270</del>		630	352.737
100kg	Liam ARMSTRONG	SCO SCO	01/11/83 27	99.4	Snr	U	220	240	<del>250</del>		240	140	150	160		400	240	260	<del>272.5</del>		660	366.63
110kg	Gordon SYKES	NW	26/07/69 41	108.9	M1	E	200	210	220		220	140	145	150		370	240	260	<del>272.5</del>		630	338.814
110kg	Mark NORTON	NE	30/07/64 46	107.8	M2	E	290	310	WR* 325		325	<del>222.5</del>	<del>222.5</del>	222.5		547.5	225	252.5	270		817.5	440.8778
110kg	Ronnie SIMPSON	SCO SCO	31/12/46 64	102.3	M5	E	195	205	215		215	110	120	<del>125</del>		335	205	225	<del>232.5</del>		560	307.384
110kg	Simon MARSHALL	EM	27/02/72 39	103.5	Snr	E	300	<del>310</del>	320		320	215	222.5	230		550	300	310	<del>317.5</del>		860	469.99
110kg	Stephen MULLIN	SCO SCO	27/05/81 29	105	Snr	E	270	290	300		300	120				420	255	270	280		700	380.59

Referees:

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