

Official B.D.F.P.A. Scottish Nationals Score Sheet

Venue & division of Competition - Palace Of Arts Glasgow - Scotland

Date of comp 01/09/10

UE	Equip	Name	Nat	Wt cat.	Body wt	Age Cat	Division	RkHt	Squat				Bench Press				Sub Total	Dead Lift			Total	Co eff.	Points	
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift		Dead Lift	Dead Lift	Dead Lift				
u		David Aikman jr		60.00	59.30	T2	Full Power UE	6	127.5 kg	135.0 kg	142.5KG		85.0 kg	90.0 kg	95.0 kg	97.5 kg	230.0 kg	160.0 kg	172.5 kg	175.0 kg	405.0 kg	0.6193	250.8165	
																					0.0 kg		0.0000	
u		Michael Wade		67.50	66.90	M6	Single Lift BP UE						65.0 kg	67.5 kg	70.0 kg	72.5 kg	70.0 kg				70.0 kg	0.6193	43.3510	
u		Scott McArthur		67.50	62.00	Open	Single Lift DL UE											180.0 kg	200.0 kg	209KG	200.0 kg	0.6193	123.8600	
																					0.0 kg		0.0000	
u		Andrew Willis		82.50	75.30	Open	Full Power UE	6	130.0 kg	145.0 kg	145.0 kg		110.0 kg	119KG	119KG		255.0 kg	170.0 kg	185.0 kg	ret	440.0 kg	0.6193	272.4920	
																					0.0 kg		0.0000	
E		Daniel Mckean		75.00	70.00	JR	Full Power EQUIP	5	160.0 kg	170.0 kg	175.0 kg		120.0 kg	130.0 kg	135.0 kg		310.0 kg	190.0 kg	205.0 kg	219KG	515.0 kg	0.6193	318.9395	
																					0.0 kg		0.0000	
u		Robert Wright		75.00	69.50	M4	Full Power UE	6	120.0 kg	125.0 kg	132.5 kg		70.0 kg	75.0 kg	77.5KG		207.5 kg	145.0 kg	152.5 kg	160.0 kg	367.5 kg	0.6193	227.5928	
u		David Aikman Snr		75.00	74.00	M2	Single Lift BP UE						137.5 kg	142.5 kg	147.5KG		142.5 kg				142.5 kg	0.6193	88.2503	
																					0.0 kg		0.0000	
E		Mary Anderson		80.00	78.60	M1	Full Power EQUIP	6	180.0 kg	187.5 kg	195.0 kg		107.5 kg	115.0 kg	120KG		310.0 kg	200.0 kg	210.0 kg	215.0 kg	525.0 kg	0.6193	325.1325	
																					0.0 kg		0.0000	
E		Darren Bell		82.50	79.50	T3	Full Power UE	5	130.0 kg	140.0 kg	150.0 kg		75.0 kg	85.0 kg			235.0 kg	160.0 kg	175.0 kg	ret	410.0 kg	0.6193	253.9130	
																					0.0 kg		0.0000	
		Ashley Sinclair		90.00	82.80	M5	Single Lift BP UE						120.0 kg	125.0 kg	130KG		125.0 kg				125.0 kg	0.6193	77.4125	
																					0.0 kg		0.0000	
E		Bernie McKinley		90.00	86.60	Open	Full Power EQUIP	5	170.0 kg	185.0 kg	195.0 kg		120.0 kg	120.0 kg	125.0 kg		320.0 kg	170.0 kg	185.0 kg	192.5KG	505.0 kg	0.6193	312.7465	
u		Robert Wright		75.00	69.50	M4	Single Lift Sq UE	6	120.0 kg	130.0 kg	140.0 kg						140.0 kg				140.0 kg	0.6193	86.7020	
E		Leslie Kirkpatrick		90.00	89.40	M2	Full Power EQUIP	7	180.0 kg	192.5 kg	200.0 kg		120.0 kg	132.5 kg	140.0 kg		340.0 kg	190.0 kg	200.0 kg	215.0 kg	555.0 kg	0.6193	343.7115	
																					0.0 kg		0.0000	
E		Tommy Moffat		90.00	90.00	Open	Single Lift Sq EQ	6	240.0 kg	260.0 kg	262.5 kg						262.5 kg				0.0 kg	0.6193	0.0000	
u		Brian Reilly		90.00	89.50	Open	Single Lift BP UE						150.0 kg	160.0 kg	170KG		160.0 kg				160.0 kg	0.6193	99.0880	
E		Russell Martin	Eng	90.00	88.30	Open	Single Lift BP EQ						120.0 kg	170KG	170KG		120.0 kg	215.0 kg	215.0 kg	232.5 kg	352.5 kg	0.6193	218.3033	
E		Joe Mcewan		90.00	89.70	Open	Single Lift BP EQ						140KG	140KG	140KG		0.0 kg				0.0 kg	0.6193	0.0000	
																					0.0 kg		0.0000	
u		Chris Martin	Eng	100.00	99.50	Open	Full Power UE	5	195.0 kg	205.0 kg	210.0 kg		127.5 kg	132.5KG	132.5KG		337.5 kg	220.0 kg	227.5 kg	232.5KG	565.0 kg	0.6193	349.9045	
u		Liam Armstrong		100.00	99.80	Open	Full Power UE	6	220.0 kg	230.0 kg	240.0 kg		140.0 kg	150.0 kg	160.0 kg		400.0 kg	230.0 kg	250.0 kg	260.0 kg	660.0 kg	0.6193	408.7380	
																					0.0 kg		0.0000	
																					0.0 kg		0.0000	
u		Joe Coogan		100.00	97.30	M2	Single Lift BP UE						150.0 kg	157.5 kg	160.0 kg	167.5 kg	160.0 kg				160.0 kg	0.6193	99.0880	
																					0.0 kg		0.0000	
u		Steven VanKempen	Eng	100.00	99.90	M1	Full Power UE	7	150.0 kg	160.0 kg	170KG		100.0 kg	110.0 kg	115.0 kg		275.0 kg	200.0 kg	210.0 kg	215.0 kg	490.0 kg	0.6193	303.4570	
u		Alex Farquharson		110.00	108.50	M2	Full Power UE	6	197.5 kg	207.5 kg	212.5 kg		117.5 kg	122.5 kg	125.0 kg		337.5 kg	195.0 kg	207.5 kg	217.5KG	545.0 kg	0.6193	337.5185	
E		Alex Farquharson		*		M2	Single Lift Sq EQ	6	220.0 kg	227.5 kg							227.5 kg				0.0 kg	0.6193	0.0000	
																					0.0 kg		0.0000	
u		Pete Gaskin		110.00	106.50	M2	Single Lift BP+DL UE						140.0 kg	140.0 kg	150KG		140.0 kg	230.0 kg	237.5 kg	240.0 kg	242.5 kg	380.0 kg	0.6193	235.3340
																					0.0 kg		0.0000	
u		Freddie Sewell	Eng	125.00	122.50	Open	Single Lift BP UE						140KG	140KG	140KG		0.0 kg				0.0 kg	0.6193	0.0000	
u		Darren Bell		82.50	79.50	T3	Full Power EQUIP	5	160.0 kg	175.0 kg	190.0 kg		95.0 kg	105.0 kg	110.0 kg		300.0 kg	170.0 kg	185.0 kg	200.0 kg	500.0 kg	0.6193	309.6500	
																					0.0 kg		0.0000	

Yellow = Divisional Record

This result sheet must be signed & printed by all referees who adjudicated in the above competition

NR = National Record
ER = European Record
WR = World Record

Refs in Block Caps

A copy of the results should be sent to:

The BDFPA General Secretary, The Records Registrars, Raw Power Editor