

Official BDFPA Score Sheet (V13.2)

30/11/19 Organiser William Brown

UK Masters 2019

Divis		British Record			European Record			World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES/NO						
FLT	Age Cat	Wt Class	Age	Body Weight	LN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALITY REG	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter	
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift										
1	M1	55.50	41	55.3	UN	F	SCO	Nancy Daly	85.0 kg	85.0 kg	90.0 kg		60.0 kg	60.0 kg	62.5 kg		110.0 kg	120.0 kg	127.5 kg		270.0 kg	200	0.92080	248.6160	1.005	249.8591	1	1		
1	M1	90+	40	103.7	UN	F	SCO	Sheila Moug	125.0 kg	127.5 kg	130.0 kg		67.5 kg	70.0 kg	72.5 kg		130.0 kg	135.0 kg	142.5 kg		342.5 kg	310	0.58750	201.2188	1.000	201.2188	1	1		
1	M2	53.00	48	52.3	UN	F	SCO	Angela Macleod	85.0 kg	95.0 kg	100.0 kg		50.0 kg	55.0 kg	55.0 kg		115.0 kg	125.0 kg	130.0 kg		275.0 kg	182.5	0.96400	265.1000	1.114	295.3214	1	1	Best Unequipped Female Powerlifter Best Unequipped Female Powerlifter (Masters)	
1	M3	63.00	52	61.3	UN	F	SCO	Karen Saunders	70.0 kg	75.0 kg	80.0 kg		0.0 kg	0.0 kg	0.0 kg		117.5 kg	125.0 kg	130.0 kg		210.0 kg	202.5	0.84500	177.4500	1.187	210.6332	1	1		
1	M3	70.00	50	67.2	UN	F	SCO	Laura Glassford	75.0 kg	82.5 kg			45.0 kg	47.5 kg	47.5 kg		110.0 kg	120.0 kg	130.0 kg		260.0 kg	220	0.78170	203.2420	1.150	233.7283	1	1		
1	M3	80.00	53	71.8	UN	F	SCO	Gaby Coia	97.5 kg	102.5 kg	105.0 kg		57.5 kg	62.5 kg	67.5 kg		122.5 kg	125.0 kg	127.5 kg		295.0 kg	242.5	0.74450	219.6275	1.207	265.0904	1	1		
1	M5	63	80.3	UN	F	SCO	Jean Wanless	90.0 kg	90.0 kg	90.0 kg		45.0 kg	50.0 kg	50.0 kg		95.0 kg	105.0 kg	115.0 kg		0.0 kg	237.5	0.68660	0.0000	1.470	0.0000	0	0			
1	M6	70.00	66	69.4	UN	F	SCO	Cathy Macasian	45.0 kg	51.5 kg	55.0 kg		32.5 kg	35.0 kg	38.0 kg		92.5 kg	101.0 kg	106.0 kg		187.5 kg	180	0.76270	143.0063	1.565	223.8048	2	1		
2	M1	75.00	43	74.0	UN	M	SCO	Donald Beaton	150.0 kg	155.0 kg	160.0 kg		90.0 kg	97.5 kg	102.5 kg		180.0 kg	190.0 kg	200.0 kg		442.5 kg	435	0.67160	297.1830	1.028	305.5041	2	1		
3	M1	125.00	42	118.0	EQ	M	SCO	Chris Martin	0.0 kg	0.0 kg	0.0 kg		245.0 kg	257.5 kg	257.5 kg		0.0 kg	0.0 kg	0.0 kg		245.0 kg	612.5	0.52880	129.5560	1.014	131.3698	1	1		
2	M2	75.00	48	73.2	UN	M	SCO	Wayne Reid	160.0 kg	167.5 kg	172.5 kg		100.0 kg	105.0 kg	105.0 kg		202.5 kg	210.0 kg	217.5 kg		490.0 kg	412.5	0.67740	331.9260	1.114	369.7656	1	1		
2	M2	90.00	49	88.9	UN	M	SCO	Jim Shedden	150.0 kg	160.0 kg	160.0 kg		85.0 kg	87.5 kg	87.5 kg		200.0 kg	210.0 kg	217.5 kg		452.5 kg	470	0.58970	266.8393	1.132	302.0620	1	1		
3	M2	125.00	47	120.9	UN	M	SCO	Derek Forsyth	245.0 kg	260.5 kg	270.0 kg		165.0 kg	172.5 kg	180.0 kg	185.0 kg		260.0 kg	280.0 kg	300.0 kg		720.0 kg	527.5	0.52610	378.7920	1.096	415.1560	1	1	Best Unequipped Male Powerlifter
3	M2	125.00	45	123.9	UN	M	SCO	Scott Harding	170.0 kg	187.5 kg	200.0 kg		125.0 kg	135.0 kg	145.0 kg		200.0 kg	210.0 kg	225.0 kg		547.5 kg	527.5	0.52260	286.1235	1.060	303.2909	2	2		
2	M3	82.50	50	76.3	UN	M	SCO	Simon Winterborn	150.0 kg	160.0 kg	165.0 kg		105.0 kg	115.0 kg	117.5 kg		185.0 kg	200.0 kg	205.0 kg		475.0 kg	420	0.65570	311.4575	1.150	358.1761	1	1		
3	M3	100.00	52	94.7	UN	M	SCO	Steven Congreve	200.0 kg	210.0 kg	215.0 kg		130.0 kg	140.0 kg	0.0 kg		240.0 kg	250.0 kg	260.0 kg		615.0 kg	475	0.56880	349.8120	1.187	415.2268	1	1		
2	M4	75.00	58	72.1	UN	M	SCO	Gary Dempster	140.0 kg	150.0 kg	160.0 kg		80.0 kg	85.0 kg	90.0 kg		147.5 kg	152.5 kg	162.5 kg		412.5 kg	372.5	0.68590	282.9338	1.322	374.0384	3	1		
2	M4	82.50	57	80.9	UN	M	SCO	Brian Charters	170.0 kg	180.0 kg			0.0 kg	0.0 kg			210.0 kg	220.0 kg	230.0 kg		400.0 kg	400	0.62790	251.1600	1.297	325.7545	2	1		
3	M4	110.00	58	109.9	UN	M	SCO	Steven Lambert	200.0 kg	210.0 kg	220.0 kg		0.0 kg	0.0 kg	0.0 kg		240.0 kg	255.0 kg	270.0 kg		475.0 kg	465	0.53660	254.8850	1.322	336.9580	1	1		
3	M5	75.00	64	74.3	EQ	M	SCO	Michael Phillips	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		180.0 kg	200.0 kg	0.0 kg		200.0 kg	387.5	0.66940	133.8800	1.501	200.9539	2	2		
2	M5	75.00	64	74.3	UN	M	SCO	Michael Phillips	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg			180.0 kg	202.5 kg	0.0 kg		180.0 kg	355	0.66940	120.4920	1.501	180.8585	5	1		
2	M5	75.00	64	73.2	EQ	M	SCO	Ronnie Kerr	100.0 kg	110.0 kg	117.5 kg		90.0 kg	100.0 kg	110.0 kg		135.0 kg	150.0 kg	160.0 kg		387.5 kg	387.5	0.67740	262.4925	1.501	394.0012	1	1	Best Equipped Male Powerlifter Best Equipped Male Powerlifter (Masters)	
3	M5	110.00	60	100.1	UN	M	SCO	Arthur Cowley	190.0 kg	201.0 kg	207.5 kg		75.0 kg	100.0 kg	115.0 kg		125.0 kg	0.0 kg	0.0 kg		447.5 kg	442.5	0.55380	247.8255	1.380	341.9992	2	1		
3	M6	125.00	66	120.5	UN	M	SCO	Peter Grant	0.0 kg	0.0 kg	0.0 kg		110.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		110.0 kg	430	0.52650	57.9150	1.565	90.6370	3	1		
2	M8	67.50	75	65.5	UN	M	SCO	Mick Wade	0.0 kg	0.0 kg	0.0 kg		65.0 kg	70.0 kg	73.0 kg	75.0 kg		0.0 kg	0.0 kg	0.0 kg		72.5 kg	250	0.74600	54.0850	1.900	102.7615	1	1	
2	M8	82.50	75	76.4	UN	M	SCO	Alex Lee	0.0 kg	0.0 kg	0.0 kg		95.0 kg	105.0 kg	110.0 kg		0.0 kg	0.0 kg	0.0 kg		110.0 kg	292.5	0.65500	72.0500	1.900	136.8950	3	1		
2	M8	90.00	79	86.8	UN	M	SCO	David Hearn	95.0 kg				70.0 kg	75.0 kg	80.0 kg	86.0 kg		105.0 kg	120.0 kg	130.0 kg	156.0 kg	305.0 kg	312.5	0.59860	182.5730	2.060	376.1004	2	1	
2	M9	75.00	82	72.5	UN	M	SCO	Arthur Baker	67.5 kg	77.5 kg	82.5 kg		65.0 kg	70.0 kg	72.5 kg		140.0 kg	150.0 kg	160.0 kg		315.0 kg	247.5	0.68280	215.0820	2.180	468.8788	4	1	Best Unequipped Male Powerlifter (Masters)	
3	M9	100.00	80	99.6	UN	M	SCO	John Walker	115.0 kg	120.0 kg	125.0 kg		90.0 kg	92.5 kg	95.0 kg		165.0 kg	175.0 kg	180.0 kg		400.0 kg	297.5	0.55500	222.0000	2.100	466.2000	2	1		
5		0.00																			0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0		
		0.00																			0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0		

Refs  
Stevie Mcquade  
Karen Dalziel  
Trevor Walker

Scorekeepers  
Karen Murray  
Jo Martin