

Official BDFPA Score Sheet (V10)										Date of Comp - 21 May 16				Organiser Meg Smith										
Competition																								
Scottish Push Pull 2016																								
Division		British Record				European Record				Drug Tested				Calibrated Scales and Weights Used YES										
FLT	Age Cat	Wt Class	Age	Body wt	UN/ EQ	F/M	DIV	Name	BENCH				Best Bench	DEADLIFT				Total	Qualification Requirement	Co eff.	Points	Place Class	Place Cat	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift							
1	Jnr	55.50	21	54.90	UPP	F	NW	Savanna Hughes	32.5 kg	35.0 kg	37.5 kg		37.5 kg	80.0 kg	85.0 kg	90.0 kg	127.5 kg	#N/A	0.92630	118.1033	1	1		
1	Open	55.50	26	55.20	UPP	F	SCO	Claire Jackson	35.0 kg	40.0 kg	45.5 kg		40.0 kg	80.0 kg	80.0 kg	80.0 kg	120.0 kg	#N/A	0.92220	110.6640	2	0		
1	Open	58.50	36	58.10	UPP	F	SCO	Karen Dalziel	70.0 kg	75.0 kg	75.0 kg		70.0 kg	160.0 kg	155.0 kg	160.0 kg	230.0 kg	#N/A	0.88380	203.2740	1	0	Best Unequipped Female	
1	Open	63.00	34	62.80	UPP	F	SCO	Laura Tadrowski	55.0 kg	60.0 kg	62.5 kg		60.0 kg	110.0 kg	120.0 kg	125.0 kg	185.0 kg	#N/A	0.82800	153.1800	1	0		
1	Open	63.00	25	62.60	UPP	F	SCO	Siobhan Marmion	55.0 kg	57.5 kg	60.0 kg		57.5 kg	100.0 kg	107.5 kg	112.5 kg	170.0 kg	#N/A	0.83020	141.1340	2	0		
1	M1	63.00	43	61.40	UPP	F	SCO	Gail Nicol	37.5 kg	42.5 kg	42.5 kg		42.5 kg	77.5 kg	85.0 kg	92.5 kg	135.0 kg	#N/A	0.84380	113.9130	3	1		
1	Jnr	63.00	21	59.80	UND	F	SCO	Hazel Coogan						90.0 kg	100.0 kg	110.0 kg	100.0 kg	90	0.86280	86.2800	1	1		
2	M1	70.00	42	70.00	UPP	F	SCO	Ruth Allen	70.0 kg	80.0 kg	85.0 kg		85.0 kg	145.0 kg	155.0 kg	165.0 kg	250.0 kg	#N/A	0.75810	189.5250	1	1		
1	M4	70.00	55	63.70	UPP	F	SCO	Liz Dingley	47.5 kg	50.0 kg	52.5 kg		52.5 kg	115.0 kg	120.0 kg	127.5 kg	180.0 kg	#N/A	0.81810	147.2580	2	1		
1	M1	70.00	41	66.80	UPP	F	SCO	Carol McLean	40.0 kg	45.0 kg	47.5 kg		45.0 kg	120.0 kg	127.5 kg	132.5 kg	177.5 kg	#N/A	0.78570	139.4618	3	2		
1	M3	70.00	52	68.50	UPP	F	NW	Ellen Harrison	35.0 kg	40.0 kg	45.0 kg		40.0 kg	80.0 kg	95.0 kg	105.0 kg	145.0 kg	#N/A	0.76970	111.6065	4	1		
2	Open	70.00	31	67.80	UND	F	SCO	Rebecca Stephenson						100.0 kg	110.0 kg	120.0 kg	120.0 kg	110	0.77530	93.0360	1	0	Best Unequipped Female Deadlift	
2	M1	70.00	44	69.60	UND	F	SCO	Joanne Hind						70.0 kg	85.0 kg	100.0 kg	100.0 kg	105	0.76110	76.1100	2	1		
4	M2	80.00	48	78.50	EPP	F	SCO	Mary Anderson	110.0 kg	115.0 kg	121.0 kg		120.0 kg	185.0 kg	200.0 kg	210.0 kg	330.0 kg	#N/A	0.69810	230.3730	1	1	Best Equipped Female	
2	Open	80.00	27	71.80	UPP	F	SCO	Emma Williams	75.0 kg	80.0 kg	82.5 kg		80.0 kg	142.5 kg	147.5 kg	150.0 kg	230.0 kg	#N/A	0.74450	171.2350	1	0		
3	Open	90.00	29	87.00	UPP	M	SCO	Derek Budd	115.0 kg	122.5 kg	130.0 kg		130.0 kg	220.0 kg	235.0 kg	250.0 kg	365.0 kg	#N/A	0.59780	218.1970	1	0		
2	Open	90+	30	91.40	UPP	F	SCO	Sarah Allison	65.0 kg	65.0 kg	72.5 kg		72.5 kg	115.0 kg	125.0 kg	135.0 kg	207.5 kg	#N/A	0.62630	129.9573	1	0		
2	M1	90+	41	118.50	UPP	F	SCO	Ruth Gardner	60.0 kg	65.0 kg	67.5 kg		65.0 kg	120.0 kg	125.0 kg	132.5 kg	197.5 kg	#N/A	0.00000	0.0000	0	0		
2	M1	90+	41	98.90	UPP	F	NW	Corrina Cross	35.0 kg	40.0 kg	50.0 kg		40.0 kg	95.0 kg	100.0 kg	112.5 kg	152.5 kg	#N/A	0.60210	91.8203	3	2		
1	Open	67.50	25	66.40	UPP	M	SCO	Peter Armstrong	65.0 kg	70.0 kg	77.5 kg		77.5 kg	150.0 kg	160.0 kg	170.0 kg	247.5 kg	#N/A	0.73670	182.3333	1	0		
1	M7	67.50	71	66.80	UNB	M	SCO	Mike Wade	77.5 kg	82.0 kg	82.5 kg	-83.00	82.5 kg				82.5 kg	60	0.73270	60.4478	1	1	Best Unequipped Male Bench (Masters)	
4	Open	75.00	30	74.80	EPP	M	SCO	Chris Empson	150.0 kg	160.0 kg	165.0 kg		160.0 kg	215.0 kg	230.0 kg	235.0 kg	390.0 kg	#N/A	0.66590	259.7010	1	0	Best Equipped Male	
3	Open	75.00	31	74.80	UPP	M	SCO	Alistair Burns	110.0 kg	117.5 kg	122.5 kg		117.5 kg	190.0 kg	207.5 kg	212.5 kg	325.0 kg	#N/A	0.66590	216.4175	1	0		
2	Open	75.00	28	72.00	UPP	M	SCO	Sam Fowler	85.0 kg	90.0 kg	95.0 kg		95.0 kg	200.0 kg	215.0 kg	222.5 kg	317.5 kg	#N/A	0.68670	218.0273	2	0		
3	Jnr	75.00	23	70.20	UPP	M	SCO	Declan Ennis	90.0 kg	100.0 kg	105.0 kg		105.0 kg	170.0 kg	185.0 kg	195.0 kg	300.0 kg	#N/A	0.70140	210.4200	3	1		
2	Open	75.00	39	69.60	UPP	M	SCO	Paddy Jumelle	100.0 kg	105.0 kg	105.0 kg		105.0 kg	150.0 kg	165.0 kg	170.0 kg	270.0 kg	#N/A	0.70660	190.7820	4	0		
2	M6	75.00	66	72.80	UPP	M	NW	Alan Brindley	40.0 kg	42.5 kg	42.5 kg		42.5 kg	100.0 kg	110.0 kg	115.0 kg	157.5 kg	#N/A	0.68050	107.1788	5	1		
3	Open	82.50	35	81.80	UPP	M	SCO	Mark Fulton	110.0 kg	117.5 kg	117.5 kg		117.5 kg	210.0 kg	217.5 kg	225.0 kg	342.5 kg	#N/A	0.62300	213.3775	1	0		
3	Open	82.50	28	82.00	UPP	M	SCO	Ross Jackson	105.0 kg	110.0 kg	110.0 kg		105.0 kg	205.0 kg	225.0 kg	235.0 kg	330.0 kg	#N/A	0.63190	208.5270	1	0		
3	Open	82.50	33	82.00	UPP	M	SCO	Jonathan Sinclair	100.0 kg	110.0 kg	115.0 kg		115.0 kg	150.0 kg	162.5 kg	172.5 kg	287.5 kg	#N/A	0.63190	181.6713	2	0		
3	Open	90.00	24	88.20	UPP	M	SCO	Rauraidh Purnell	110.0 kg	120.0 kg	125.0 kg		120.0 kg	200.0 kg	210.0 kg	220.0 kg	340.0 kg	#N/A	0.59260	201.4840	2	0		
3	Open	90.00	24	89.60	UPP	M	SCO	Andrew Hainey	95.0 kg	105.0 kg	110.0 kg		105.0 kg	200.0 kg	215.0 kg	215.0 kg	320.0 kg	#N/A	0.58690	187.8080	3	0		
4	M5	90.00	61	84.50	EOD	M	SCO	Michael Phillips						215.0 kg	232.5 kg	X	215.0 kg	167.5	0.60930	130.9995	1	1	Best Equipped Male Deadlift Best Equipped Male Deadlift (Masters)	
3	M3	90.00	50	89.00	UPP	M	NW	Derek Fowler	50.0 kg	60.0 kg	65.0 kg		60.0 kg	105.0 kg	115.0 kg	125.0 kg	185.0 kg	#N/A	0.59830	110.6855	4	1		
2	M2	90.00	47	80.90	UPP	F	NW	Catherine West	37.5 kg	42.5 kg	50.0 kg		42.5 kg	90.0 kg	100.0 kg	110.0 kg	142.5 kg	#N/A	0.68290	97.3133	1	1		
4	Open	100.00	39	99.00	UPP	M	SCO	Chris Martin	152.5 kg	157.5 kg	162.5 kg		157.5 kg	230.0 kg	240.0 kg	245.0 kg	397.5 kg	#N/A	0.55650	221.2088	1	0	Best Unequipped Male	
4	M1	100.00	44	95.20	EPP	M	SCO	Tom Moffat	140.0 kg	150.0 kg	160.0 kg		160.0 kg	220.0 kg	240.0 kg	240.0 kg	380.0 kg	#N/A	0.56720	215.5360	1	1		
4	M4	100.00	56	100.00	UPP	M	SCO	Arthur Cowley	132.5 kg	140.0 kg	145.0 kg		140.0 kg	227.5 kg	240.0 kg	250.0 kg	380.0 kg	#N/A	0.55400	210.5200	2	1		
4	Open	100.00	32	98.00	UPP	M	SCO	Lee Butler	120.0 kg	130.0 kg	145.0 kg		130.0 kg	230.0 kg	240.0 kg	250.0 kg	370.0 kg	#N/A	0.55910	206.8670	3	0		
3	Jnr	100.00	20	92.40	UPP	M	SCO	Ryan Stewart	130.0 kg	135.0 kg	140.0 kg		140.0 kg	205.0 kg	215.0 kg	225.0 kg	365.0 kg	#N/A	0.57650	210.4225	4	1		
4	Open	100.00	25	96.80	UPP	M	NW	Joshua-Paul Lancaster	115.0 kg	120.0 kg	125.0 kg		120.0 kg	215.0 kg	227.5 kg	240.0 kg	347.5 kg	#N/A	0.56240	195.4340	5	0		
3	T3	100.00	18	92.00	UPP	M	SCO	Kyle Love	115.0 kg	120.0 kg	125.0 kg		120.0 kg	210.0 kg	220.0 kg	220.0 kg	330.0 kg	#N/A	0.57790	190.7070	6	1		
3	Open	100.00	28	96.80	UPP	M	SCO	Robert Kirkpatrick	120.0 kg	125.0 kg	130.0 kg		125.0 kg	250.0 kg	250.0 kg	X		#N/A	0.56240	0.0000	0	0		
3	Open	110.00	29	101.00	UPP	M	SCO	Chris Fusco	85.0 kg	90.0 kg	95.0 kg		95.0 kg	145.0 kg	150.0 kg	160.0 kg	255.0 kg	#N/A	0.55170	140.6835	1	0		
4	Open	110.00	28	106.00	UNB	M	SCO	Richard Michael Hall	165.0 kg	170.0 kg	177.5 kg		170.0 kg				170.0 kg	140	0.54210	92.1570	1	0	Best Unequipped Male Bench	
4	M3	125.00	53	124.80	EPP	M	SCO	John Grady Wright	160.0 kg	170.0 kg	170.0 kg		170.0 kg	180.0 kg	200.0 kg	212.5 kg	370.0 kg	#N/A	0.52130	192.8810	1	1		
4	T3	125.00	19	114.00	UPP	M	SCO	Chris Charnley	135.0 kg	140.0 kg	150.0 kg		140.0 kg	195.0 kg	205.0 kg	215.0 kg	345.0 kg	#N/A	0.53230	183.6435	1	1		
4	T1	145.00	16	133.80	UPP	M	NW	Morgan Evans	45.0 kg	60.0 kg	70.0 kg		60.0 kg	110.0 kg	130.0 kg	150.0 kg	190.0 kg	#N/A	0.51040	96.9760	1	1		