

Divisional Record	British Record		European Record		World Record				MPF British Record				Drug Tested				Calibrated Scales and Weights Used YES														
	FLT	Wt Class	Body wt	Age Cat	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter			
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift											
	1	44.00	43.30	T3	UN	F	SCO	Hayley Rutherford	60.0 kg	65.0 kg	65.0 kg			32.5 kg	35.0 kg	37.5 kg			85.0 kg	92.5 kg	100.0 kg			187.5 kg	1.12200	210.3750	#REF!	#REF!	1	1	
	1	50.50	49.20	Jnr	UN	F	SCO	Laura Moran	70.0 kg	80.0 kg	90.0 kg			37.5 kg	45.0 kg	50.0 kg			110.0 kg	120.0 kg	130.0 kg			260.0 kg	1.01320	263.4320	#REF!	#REF!	1	1	
	1	58.50	58.00	Open/MPF	UN	F	SCO	Karen Dalziel	92.5 kg	97.5 kg	100.0 kg			65.0 kg	65.0 kg	70.0 kg			137.5 kg	142.5 kg	145.0 kg			315.0 kg	0.88510	278.8065	#REF!	#REF!	1	1	Best Lifter UN
	1	58.50	58.50	Open	UN	F	SCO	Gayle Pocock	90.0 kg	95.0 kg	100.0 kg			60.0 kg	65.0 kg	70.0 kg			105.0 kg	120.0 kg	130.0 kg			285.0 kg	0.87880	250.4580	#REF!	#REF!	2	2	
	1	70.00	66.60	Open	UN	F	SCO	Meg Smith	90.0 kg	95.0 kg	100.0 kg			45.0 kg	50.0 kg	57.5 kg			125.0 kg	142.5 kg				292.5 kg	0.78770	230.4023	#REF!	#REF!	1	1	
	1	63.00	61.50	M1	UN	F	NW	Helen Isaac	70.0 kg	75.0 kg	80.0 kg			50.0 kg	55.0 kg	57.5 kg			110.0 kg	115.0 kg	120.0 kg			257.5 kg	0.84270	216.9953	1.000	216.9953	1	1	
	1	80.00	78.70	Jnr	UN	F	SCO	Alice Pearsons	100.0 kg	105.0 kg	110.0 kg			72.5 kg	77.5 kg	82.5 kg			130.0 kg	140.0 kg	145.0 kg			332.5 kg	0.69680	231.6860	#REF!	#REF!	1	1	
	4	145.00	139.40	M1	UND	M	NE	Scott Thompson	0.0 kg	0.0 kg	0.0 kg			0.0 kg	0.0 kg	0.0 kg			250.0 kg	260.0 kg				260.0 kg	0.50400	131.0400	1.000	131.0400	1	1	
	1	75.00	74.60	Jnr	UN	M	SCO	Gregor Cursiter	167.5 kg	180.0 kg	185.0 kg			107.5 kg	112.5 kg	117.5 kg			190.0 kg	200.0 kg	205.0 kg			502.5 kg	0.66730	335.3183	#REF!	#REF!	1	1	
	1	75.00	74.00	Open	UN	M	SCO	Stefan Lichovski	145.0 kg	155.0 kg	165.0 kg			90.0 kg	102.5 kg	110.0 kg			170.0 kg	185.0 kg	195.0 kg			470.0 kg	0.67160	315.6520	#REF!	#REF!	2	2	
	1	75.00	69.40	Jnr	UN	M	SCO	Jacob Harper	150.0 kg	160.0 kg	160.0 kg			80.0 kg	87.5 kg	95.0 kg			160.0 kg	170.0 kg	180.0 kg			417.5 kg	0.70830	295.7153	#REF!	#REF!	3	2	
	2	82.50	80.80	Open	UN	M	SCO	Tristan Kent	150.0 kg	160.0 kg	170.0 kg			135.0 kg	145.0 kg	145.0 kg			230.0 kg	250.0 kg	260.0 kg			555.0 kg	0.62840	348.7620	#REF!	#REF!	1	1	
	2	82.50	81.60	Jnr	UN	M	SCO	Sameem Tak	165.0 kg	175.0 kg	185.0 kg			135.0 kg	140.0 kg	150.0 kg			210.0 kg	225.0 kg	230.0 kg			555.0 kg	0.62410	346.3755	#REF!	#REF!	2	1	
	2	82.50	81.40	Open	UN	M	SCO	James Dugdale	180.0 kg	190.0 kg	200.0 kg			107.5 kg	115.0 kg	120.0 kg			205.0 kg	225.0 kg	230.0 kg			545.0 kg	0.62510	340.6795	#REF!	#REF!	3	3	
	2	82.50	81.40	M1	UN	M	SCO	David O'Neill	100.0 kg	140.0 kg	155.0 kg			135.0 kg	145.0 kg	165.0 kg			200.0 kg	220.0 kg	230.0 kg			530.0 kg	0.62510	331.3030	1.028	340.5795	4	1	
	2	82.50	82.50	Open	UN	M	SCO	Christopher Hutchison	160.0 kg	170.0 kg	180.0 kg			110.0 kg	117.5 kg			202.5 kg						490.0 kg	0.61930	303.4570	#REF!	#REF!	5	5	
	2	82.50	82.50	Open	UN	M	NM	Michael Hayes	150.0 kg	160.0 kg	160.0 kg			115.0 kg	122.5 kg	125.0 kg			205.0 kg	217.5 kg	217.5 kg			487.5 kg	0.61930	301.9088	#REF!	#REF!	6	6	
	2	82.50	78.40	T2	UN	M	SCO	Sam Brennan	135.0 kg	145.0 kg	155.0 kg			75.0 kg	80.0 kg	85.0 kg			185.0 kg	200.0 kg	210.0 kg			435.0 kg	0.64240	279.4440	#REF!	#REF!	7	1	
	2	82.50	81.60	Open	UN	M	SCO	Gerry Mcallister	130.0 kg	130.0 kg	140.0 kg			90.0 kg	100.0 kg	105.0 kg			170.0 kg	180.0 kg	192.5 kg			420.0 kg	0.62410	262.1220	#REF!	#REF!	8	8	
	2	82.50	79.20	T3	UN	M	SCO	Paul Craig	120.0 kg	130.0 kg	140.0 kg			90.0 kg	100.0 kg	105.0 kg			150.0 kg	160.0 kg	175.0 kg			415.0 kg	0.63760	264.6040	#REF!	#REF!	9	1	
	3	90.00	88.60	T2	UN	M	SCO	Jose Lopez	160.0 kg	175.0 kg	185.0 kg			120.0 kg	120.0 kg	135.0 kg			180.0 kg	205.0 kg	215.0 kg			520.0 kg	0.59100	307.3200	#REF!	#REF!	1	1	
	3	90.00	89.20	Open	UN	M	SCO	Kevin Duffy	170.0 kg	170.0 kg	177.5 kg			120.0 kg	127.5 kg	130.0 kg			210.0 kg	222.5 kg	230.0 kg			520.0 kg	0.58850	306.0200	#REF!	#REF!	2	2	
	3	90.00	87.20	Open	UN	M	SCO	Tom Crawford	150.0 kg	165.0 kg	180.0 kg			105.0 kg	110.0 kg	115.0 kg			180.0 kg	200.0 kg	215.0 kg			510.0 kg	0.59690	304.4190	#REF!	#REF!	3	3	
	3	90.00	87.60	T3	UN	M	SCO	Ryan Stewart	165.0 kg	170.0 kg	170.0 kg			120.0 kg	125.0 kg	125.0 kg			200.0 kg	210.0 kg	220.0 kg			510.0 kg	0.59520	303.5520	#REF!	#REF!	4	1	
	4	110.00	105.60	Jnr	UN	M	SCO	Damien Harrier	200.0 kg	220.0 kg	225.0 kg			130.0 kg	140.0 kg	150.0 kg			230.0 kg	250.0 kg	272.5 kg			637.5 kg	0.54270	345.9713	#REF!	#REF!	1	1	
	4	110.00	106.40	Open	UN	M	SCO	Martin Smith	200.0 kg	210.0 kg	210.0 kg			152.5 kg	157.5 kg	160.0 kg			265.0 kg	275.0 kg	280.0 kg			632.5 kg	0.54140	342.4355	#REF!	#REF!	2	2	
	4	110.00	103.60	Open	UN	M	SCO	Shaun McDonald	200.0 kg	215.0 kg	215.0 kg			137.5 kg	145.0 kg	150.0 kg			220.0 kg	232.5 kg	240.0 kg			600.0 kg	0.54630	327.7800	#REF!	#REF!	3	3	
	4	110.00	105.00	M2	UN	M	SCO	Tony Aitchison	180.0 kg	190.0 kg	195.0 kg			130.0 kg	140.0 kg	145.0 kg			220.0 kg	235.0 kg	240.0 kg			580.0 kg	0.54370	315.3460	1.132	356.9717	4	1	Best Lifter Master UN
	4	125.00	118.80	Open	UN	M	SCO	Craig Cameron	240.0 kg	255.0 kg	262.5 kg			150.0 kg	155.0 kg	160.0 kg			270.0 kg	282.5 kg	290.0 kg			700.0 kg	0.52810	369.6700	#REF!	#REF!	1	1	Best Lifter UN
	4	125.00	122.60	Jnr	UN	M	SCO	Andrew McWilliams	180.0 kg	190.0 kg	200.0 kg			130.0 kg	140.0 kg	140.0 kg			210.0 kg	230.0 kg	250.0 kg			560.0 kg	0.52420	293.5520	#REF!	#REF!	2	1	
	4	125.00	115.20	Open	UN	M	SCO	Damien Cameron	205.0 kg	212.5 kg	217.5 kg			162.5 kg	157.5 kg	157.5 kg			210.0 kg	210.0 kg	210.0 kg			622.5 kg	0.53120	0.0000	#REF!	#REF!			
	4	145.00	143.00	Open	UN	M	SCO	Blyth Stevenson	200.0 kg	210.0 kg	220.0 kg			130.0 kg	142.5 kg	150.0 kg			240.0 kg	250.0 kg	260.0 kg			622.5 kg	0.50010	311.3123	0.000	0.0000	1	1	
	2	82.50	81.60	M4	EQD	M	SCO	Michael Philips	0.0 kg	0.0 kg	0.0 kg			0.0 kg	0.0 kg	0.0 kg			220.0 kg	230.0 kg				230.0 kg	0.62410	143.5430	1.350	193.7831	1	1	
	1	67.50	67.00	T2	EQ	M	SCO	Ryan Rutherford	160.0 kg	170.0 kg	180.0 kg			95.0 kg	95.0 kg	95.0 kg			165.0 kg	175.0 kg	182.5 kg				0.73070	0.0000	#REF!	#REF!			
	2	82.50	80.40	Open	EQ	M	SCO	Chris Empson	180.0 kg	190.0 kg	200.0 kg			140.0 kg	166.0 kg	166.0 kg			215.0 kg	232.5 kg	232.5 kg			545.0 kg	0.63070	343.7315	#REF!	#REF!	1	1	
	3	90.00	89.00	M1	EQ	M	SCO	Wullie Brown	275.0 kg	290.0 kg	300.0 kg			162.5 kg	167.5 kg	170.0 kg			270.0 kg	290.0 kg				730.0 kg	0.59830	436.7590	1.000	436.7590	1	1	
	3	90.00	87.00	Jnr	EQ	M	SCO	Darren Bell	230.0 kg	250.0 kg	272.5 kg			130.0 kg	142.5 kg	150.0 kg	156.00		205.0 kg	220.0 kg	232.5 kg	240.0 kg		632.5 kg	0.59780	378.1085	#REF!	#REF!	2	1	
	3	100.00	95.00	M1	EQ	M	SCO	Tom Moffat	220.0 kg	240.0 kg	250.0 kg			135.0 kg	140.0 kg	150.0 kg			200.0 kg	220.0 kg			610.0 kg	0.56780	346.3580	1.014	351.2070	1	1		
	4	125.00	122.00	M1	EQ	M	SCO	Neil Elliot	300.0 kg					250.0 kg	265.0 kg			260.0 kg					825.0 kg	0.53490	441.2925	1.028	453.6487	1	1	Best Lifter EQ	
	4	145.00	126.80	Open	EQ	M	SCO	Adam Sauberlich	265.0 kg	280.0 kg				210.0 kg	230.0 kg			225.0 kg					700.0 kg	0.51880	363.1600	#REF!	#REF!	1	1		

Refs
Steve McQuade
Paul Rutherford
Pete Gaskin
Hayley Rutherford

Scorekeeper
Pete Gaskin