

Official BDFPA Score Sheet
 Competition Scottish Nationals 2014
 Date of Comp - 24th August 2014
 Organiser Wullie Brown & Varsity Gym

Divisional Record		British Record		European Record		World Record		MPF World Record		Drug Tested				Calibrated Scales and Weights Used YES				Masters PN	Place Class	Place Cat	Best Lifter						
FLT	Wt Class	Body wt	Age Cat	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT						Total	Co eff.	Points	MAM		
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift					3rd Lift	4th Lift				
1	55.50	53.60	M2	UNB	F	SCO	Katie Cooke	0.0 kg	0.0 kg	0.0 kg		57.5 kg	60.0 kg	62.5 kg	64.00	0.0 kg	0.0 kg	0.0 kg		62.5 kg	0.94480	59.0500	1.078	63.6559	1	1	Best Female Unequipped Bench
1	58.50	57.80	M1	UND	F	SCO	Ish Wade	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		100.0 kg	110.0 kg	112.5 kg	116.0 kg	112.5 kg	0.88760	99.8550	1.000	99.8550	1	1	
1	58.50	57.80	M1	UNB	F	SCO	Ish Wade	0.0 kg	0.0 kg	0.0 kg		45.0 kg	47.5 kg	50.0 kg		0.0 kg	0.0 kg	0.0 kg		47.5 kg	0.88760	42.1610	1.000	42.1610	1	1	
1	70.00	66.50	M1	UND	F	SCO	Jo Gaskin	0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		145.0 kg	152.5 kg	157.5 kg		152.5 kg	0.78870	120.2768	1.044	125.5689	1	1	
1	70.00	66.50	M1	UNB	F	SCO	Jo Gaskin	115.5 kg	117.5 kg	117.5 kg		0.0 kg	0.0 kg	0.0 kg		0.0 kg	0.0 kg	0.0 kg		115.5 kg	0.78870	91.0949	1.044	95.1030	1	1	
2	67.50	67.00	M7	UNB	M	SCO	Mike Wade	0.0 kg	0.0 kg	0.0 kg		74.0 kg	76.0 kg	78.0 kg		0.0 kg	0.0 kg	0.0 kg		75.0 kg	0.73070	54.8025	1.700	93.1643	1	1	
4	82.50	81.00	M1	EQB	M	SCO	David O'Neill	0.0 kg	0.0 kg	0.0 kg		175.0 kg	180.0 kg	180.0 kg	192.50	0.0 kg	0.0 kg	0.0 kg		180.0 kg	0.62730	112.9140	1.028	116.0756	1	1	
3	82.50	81.00	M1	UNB	M	SCO	David O'Neill	0.0 kg	0.0 kg	0.0 kg		135.0 kg	155.0 kg	163.0 kg		0.0 kg	0.0 kg	0.0 kg		155.0 kg	0.62730	97.2315	1.028	99.9540	1	1	
2	90.00	90.00	Open	UNB	M	SCO	Chris Martin	0.0 kg	0.0 kg	0.0 kg		132.5 kg	140.0 kg	145.0 kg		0.0 kg	0.0 kg	0.0 kg		145.0 kg	0.55680	84.8685	1.000	0.0000	1	0	
4	100.00	98.90	M2	UNB	M	SCO	Kevin Cassidy - POSITIVE	0.0 kg	0.0 kg	0.0 kg		152.5 kg	165.0 kg	175.0 kg		0.0 kg	0.0 kg	0.0 kg		165.0 kg	0.55680	91.8720	1.096	100.6917	1	1	
4	110.00	103.20	M3	UNB	M	SCO	Joe Coogan	0.0 kg	0.0 kg	0.0 kg		157.5 kg	165.0 kg	167.5 kg	173.00	0.0 kg	0.0 kg	0.0 kg		167.5 kg	0.54710	91.6393	1.150	105.3851	1	1	
1	47.50	46.60	Open	UN	F	SCO	Lisa Tobias	75.0 kg	85.0 kg	90.0 kg		45.0 kg	55.0 kg	60.0 kg		100.0 kg	120.0 kg	130.0 kg	135.0 kg	270.0 kg	1.05840	285.7680	1.000	0.0000	1	0	
1	47.50	46.80	T3	UN	F	SCO	Hayley Rutherford	65.0 kg	70.0 kg	75.0 kg	75.00	35.0 kg	37.5 kg	37.5 kg		95.0 kg	100.0 kg	100.0 kg		200.0 kg	1.05480	210.9600	1.000	0.0000	2	1	
1	53.00	51.70	Jnr	UN	F	SCO	Laura Moran	77.5 kg	82.5 kg	85.0 kg	87.50	47.5 kg	50.0 kg	50.0 kg		110.0 kg	117.5 kg	122.5 kg	125.5 kg	255.0 kg	0.97310	248.1405	1.000	0.0000	1	1	
1	58.50	58.10	M2	UN	F	SCO	Gabrielle Coia	87.5 kg	95.0 kg	95.0 kg		55.0 kg	57.5 kg	57.5 kg		110.0 kg	117.0 kg	117.0 kg		260.0 kg	0.88380	229.7880	1.114	255.9838	1	1	
1	58.50	57.90	M1	UN	F	SCO	Anneli Ritari	80.0 kg	85.0 kg	90.0 kg		40.0 kg	45.0 kg	47.5 kg		95.0 kg	105.0 kg	110.0 kg		235.0 kg	0.88630	208.2805	1.000	208.2805	2	1	
1	63.00	62.50	M5	UN	F	SCO	Cathy MacCaslan	40.0 kg	40.0 kg	45.0 kg		30.0 kg	32.5 kg	35.0 kg		50.0 kg	55.0 kg	65.0 kg	70.0 kg	142.5 kg	0.83130	118.4603	1.410	167.0290	1	1	
1	70.00	69.10	M2	UN	F	SCO	Mary Anderson	115.0 kg	125.0 kg	135.5 kg		85.0 kg	88.0 kg	90.0 kg		160.0 kg	175.0 kg	180.0 kg		402.5 kg	0.76500	307.9125	1.060	326.3873	1	1	Best Female Unequipped & Masters
1	70.00	65.30	Open	UN	F	SCO	Kasia Kolasa	80.0 kg	90.0 kg	100.0 kg		50.0 kg	60.0 kg	62.5 kg	65.50	90.0 kg	105.0 kg	115.0 kg		277.5 kg	0.80100	222.2775	1.000	0.0000	2	0	
2	80.00	77.80	M1	UN	F	SCO	Louise Ferguson	100.0 kg	100.0 kg	110.0 kg		62.5 kg	65.0 kg	67.5 kg		130.0 kg	140.0 kg	150.0 kg		315.0 kg	0.70270	221.3505	1.005	222.4573	1	1	
2	80.00	78.90	Jnr	UN	F	SCO	Alice Pearsons	90.0 kg	100.0 kg	105.0 kg		65.0 kg	70.0 kg	75.0 kg		120.0 kg	125.0 kg	132.5 kg		307.5 kg	0.69560	213.8970	1.000	0.0000	2	1	
2	67.50	61.20	T3	UN	M	SCO	Steven Macdonald	110.0 kg	120.0 kg	120.0 kg		100.0 kg	100.0 kg	105.0 kg		170.0 kg	185.0 kg	195.0 kg		395.0 kg	0.79660	314.6570	1.000	0.0000	1	1	
3	75.00	74.40	Open	UN	M	SCO	Chris Wong	190.0 kg	206.0 kg	215.0 kg	216.00	125.0 kg	127.5 kg	130.0 kg		225.0 kg	250.0 kg	250.0 kg		570.0 kg	0.66870	381.1590	1.000	0.0000	1	0	
3	82.50	81.90	M1	UN	M	SCO	David Crombie	190.0 kg	200.0 kg	215.0 kg		145.0 kg	155.0 kg	160.0 kg		240.0 kg	260.0 kg	271.0 kg		625.0 kg	0.62240	389.0000	1.014	394.4460	1	1	Best Male & Masters Unequipped
3	82.50	80.90	Open	UN	M	SCO	Scott Mulheron	190.0 kg	205.0 kg	215.0 kg		120.0 kg	127.5 kg	132.5 kg		220.0 kg	242.5 kg	242.5 kg		552.5 kg	0.62790	346.9148	1.000	0.0000	2	0	
3	82.50	80.00	Open	UN	M	SCO	James Dugdale	160.0 kg	172.5 kg	182.5 kg		102.5 kg	110.0 kg	112.5 kg		205.0 kg	220.0 kg	230.0 kg		512.5 kg	0.63290	324.3613	1.000	0.0000	3	0	
3	82.50	81.10	Open	UN	M	SCO	Tom Stephenson	155.0 kg	160.0 kg	162.5 kg		115.0 kg	120.0 kg	122.5 kg		210.0 kg	215.0 kg	222.5 kg		507.5 kg	0.62680	318.1010	1.000	0.0000	4	0	
3	82.50	81.00	M1	UN	M	SCO	Graeme Wilkins	150.0 kg	160.0 kg	170.0 kg		90.0 kg	97.5 kg	102.5 kg		185.0 kg	200.0 kg	207.5 kg		457.5 kg	0.62730	286.9898	1.000	286.9898	5	2	
3	82.50	82.50	M1	UN	M	SCO	Greg Stewart	127.5 kg	135.0 kg	142.5 kg		105.0 kg	112.5 kg	120.0 kg		140.0 kg	155.0 kg	165.0 kg		412.5 kg	0.61930	255.4613	1.044	266.7015	6	3	
3	82.50	80.50	T3	UN	M	SCO	Ryan Williamson	100.0 kg	120.0 kg	135.0 kg		70.0 kg	85.0 kg	90.0 kg		140.0 kg	150.0 kg	165.0 kg		345.0 kg	0.63010	217.3845	1.000	0.0000	7	1	
2	90.00	88.40	Jnr	UN	M	SCO	Darren Bell	170.0 kg	185.0 kg	205.0 kg		95.0 kg	102.5 kg	112.5 kg		200.0 kg	210.0 kg	225.0 kg		522.5 kg	0.59180	309.2155	1.000	0.0000	1	1	
2	90.00	89.50	T3	UN	M	SCO	Ryan Stewart	145.0 kg	162.5 kg	170.0 kg		110.0 kg	120.0 kg	125.0 kg		180.0 kg	190.0 kg	207.5 kg		467.5 kg	0.58730	274.5628	1.000	0.0000	2	1	
2	90.00	85.90	M7	UN	M	SCO	David Hearn	70.0 kg	80.0 kg	80.0 kg	90.00	75.0 kg	80.0 kg	85.0 kg		130.0 kg	135.0 kg	140.0 kg		295.0 kg	0.60270	177.7965	1.860	330.7015	3	1	
4	110.00	109.80	T3	UN	M	SCO	Mark MacQueen	217.5 kg	240.0 kg	245.0 kg		135.0 kg	145.0 kg	147.5 kg		250.0 kg	272.5 kg	280.0 kg		665.0 kg	0.53670	356.9055	1.000	0.0000	1	1	
4	110.00	107.10	Open	UN	M	SCO	Martin Smith	200.0 kg	210.0 kg	212.5 kg		150.0 kg	155.0 kg	160.0 kg		255.0 kg	265.0 kg	272.5 kg		637.5 kg	0.54040	344.5050	1.000	0.0000	2	0	
4	110.00	104.80	Open	UN	M	SCO	Shaun McDonald	195.0 kg	205.0 kg	212.5 kg		130.0 kg	140.0 kg	147.5 kg		215.0 kg	230.0 kg	235.0 kg		582.5 kg	0.54410	316.9383	1.000	0.0000	3	0	
4	110.00	106.90	M3	UN	M	SCO	Pete Gaskin	185.0 kg	195.0 kg	200.0 kg		145.0 kg	150.0 kg	155.0 kg		225.0 kg	235.0 kg	245.0 kg		570.0 kg	0.54070	308.1990	1.187	365.8322	4	1	
4	110.00	107.90	Jnr	UN	M	SCO	Malcolm Jack	175.0 kg	182.5 kg	185.0 kg		95.0 kg	105.0 kg	111.0 kg		215.0 kg	230.0 kg	240.0 kg	260.0 kg	530.0 kg	0.53920	285.7760	1.000	0.0000	5	1	
4	110.00	105.20	M1	UN	M	SCO	Barry Hepburn	100.0 kg	100.0 kg	100.0 kg		90.0 kg	95.0 kg	105.0 kg		175.0 kg	190.0 kg	200.0 kg		405.0 kg	0.54340	220.0770	1.000	220.0770	6	1	
4	125.00	115.20	Open	UN	M	SCO	Damien Cameron	205.0 kg	212.5 kg	217.5 kg		147.5 kg	155.0 kg	160.0 kg		205.0 kg	215.0 kg	225.0 kg		597.5 kg	0.53120	317.3920	1.000	0.0000	1	0	
2	67.50	67.20	T2	EQ	M	SCO	Ryan Rutherford	145.0 kg	155.0 kg	155.0 kg		90.0 kg	100.0 kg	100.0 kg		160.0 kg	175.0 kg	180.0 kg		410.0 kg	0.72870	298.7670	1.000	0.0000	1	1	
3	82.50	80.40	Open	EQ	M	SCO	Chris Empson	190.0 kg	200.0 kg	200.0 kg		140.0 kg	150.0 kg	155.0 kg	166.00	215.0 kg	230.0 kg	235.0 kg		585.0 kg	0.63070	368.9595	1.000	0.0000	1	0	Best Male Equipped

Refs
 Arthur Cowley
 Chris Martin
 Paul Rutherford
 Wullie Brown
 Pete Gaskin
 Hayley Rutherford
 Tommy McGovern
 Scorekeepers
 Pete Gaskin
 Chris Martin