

Official BDFPA Score Sheet										Date of Comp - 28th July 2013															
Competition - Scottish Nationals & Bench Press																									
Divisional Record			British Record			European Record			World Record			MPF World Record			Drug Tested			Calibrated Scales and Weights Used YES							
Refs - Paul Rutherford, Les Pilling, Pete Hudson										Organiser - Wullie Brown															
										SQUAT				BENCH				DEADLIFT				Scorekeepers - Pete Gaskin, Arthur Cowley, Hayley Rutherford			
FLT	Wt Class	Body wt	Age Cat	UN/ EQ	F/M	DIV	Name	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	Total	Co eff.	Points	Place Class	Place Cat	Best Lifter
3	58.50	55.80	M2	AUN	F	SCO	Katie Cooke					47.5 kg	50.0 kg	52.5 kg	63.60					52.5 kg	0.91400	47.9850	1	1	
3	67.50	65.60	Open	AUN	M	SCO	Paul Carroll					110.0 kg	115.0 kg	120.0 kg						115.0 kg	0.74500	85.6750	1	1	
3	75.00	72.40	T2	AUN	M	SCO	Fraser Hooman					90.0 kg	95.0 kg	100.0 kg						95.0 kg	0.68350	64.9325	1	1	
3	82.50	82.30	T2	AUN	M	SCO	Calum Hutchison					105.0 kg	110.0 kg	115.0 kg	120.00					115.0 kg	0.62030	71.3345	1	1	
3	82.50	77.50	T2	AUN	M	SCO	Neil Johnston					60.0 kg	65.0 kg	70.0 kg						70.0 kg	0.64790	45.3530	2	2	
3	110.00	104.30	M2	AUN	M	SCO	Joe Cogan					155.0 kg	162.5 kg	170.0 kg	172.50					170.0 kg	0.54500	92.6500	1	1	Best single Lift Bench
2	75.00	75.00	Open	EQ	M	SCO	Scott McClone	200.0 kg	212.5 kg	220.0 kg		100.0 kg	107.5 kg	110.0 kg		180.0 kg	197.5 kg	207.5 kg		520.0 kg	0.66450	345.5400	1	1	
2	90.00	88.50	Open	EQ	M	SCO	Wullie Brown	270.0 kg	280.0 kg	290.0 kg		160.0 kg	165.0 kg	167.5 kg		270.0 kg	280.0 kg	280.0 kg		715.0 kg	0.60000	429.0000	1	1	Best Male Equipped
2	100.00	99.10	M1	EQ	M	SCO	Ally Donaldson	230.0 kg	240.0 kg			150.0 kg	160.0 kg	175.0 kg		220.0 kg	235.0 kg	250.0 kg		655.0 kg	0.55630	364.3765	1	1	
2	110.00	106.20	M3/MPF	EQ	M	SCO	Gary Fudge	170.0 kg	200.0 kg	210.0 kg		120.0 kg	140.0 kg	150.0 kg		170.0 kg	180.0 kg	190.0 kg		530.0 kg	0.54170	287.1010	1	1	
2	145.00	135.20	Open	EQ	M	SCO	Adam Sauberlich	280.0 kg	300.0 kg			200.0 kg	210.0 kg	215.0 kg		240.0 kg	250.0 kg			740.0 kg	0.50880	376.5120	1	1	
1	47.50	47.30	T2	UN	F	SCO	Hayley Rutherford	55.0 kg	62.5 kg	70.0 kg		35.0 kg	40.0 kg	40.0 kg		75.0 kg	85.0 kg	92.5 kg		182.5 kg	1.04580	190.8585	1	1	
1	58.50	57.50	M6	UN	F	EM	(Helen) Catherine Waiter	82.5 kg	87.5 kg	90.0 kg		30.0 kg	32.5 kg	35.0 kg		87.5 kg	90.0 kg	92.5 kg	95.0 kg	212.5 kg	0.89150	189.4438	1	1	
1	63.00	59.40	Jnr	UN	F	EM	Sarah Cannon	97.5 kg	102.5 kg	107.5 kg		40.0 kg	42.5 kg	42.5 kg		120.0 kg	125.0 kg	132.5 kg		275.0 kg	0.86760	238.5900	1	1	
1	70.00	65.50	M1	UN	F	SCO	Jo Gaskin	110.0 kg	115.0 kg	117.5 kg		55.0 kg	57.5 kg	60.0 kg	62.50	140.0 kg	145.0 kg	150.0 kg		327.5 kg	0.79900	261.6725	1	1	Best Female Unequipped
1	80.00	80.00	Jnr	UN	F	EM	Laura Walton	105.0 kg	110.0 kg	115.0 kg		52.5 kg	55.0 kg	55.0 kg		120.0 kg	125.0 kg	130.0 kg		300.0 kg	0.68850	206.5500	1	1	
1	90.00	85.80	Open/MPF	UN	F	SCO	Bernie Cunninghame	130.0 kg	137.5 kg			90.0 kg	95.0 kg	100.0 kg		160.0 kg				385.0 kg	0.65380	251.7130	1	1	
1	67.50	67.00	T1	UN	M	SCO	Ryan Rutherford	105.0 kg	115.0 kg	120.0 kg		60.0 kg	65.0 kg	65.0 kg		120.0 kg	132.5 kg	140.0 kg		320.0 kg	0.73070	233.8240	1	1	
1	75.00	72.50	Open	UN	M	NE	Diljeet Singh	165.0 kg	175.0 kg	182.5 kg		110.0 kg	112.5 kg	115.0 kg		220.0 kg	245.0 kg	250.0 kg		545.0 kg	0.68280	372.1260	1	1	Best Male Unequipped (Overall)
1	82.50	81.90	M1	UN	M	SCO	David Crombie	190.0 kg	200.0 kg	205.0 kg		140.0 kg	150.0 kg	155.0 kg		230.0 kg	242.5 kg	255.0 kg	260.0 kg	595.0 kg	0.62240	370.3280	1	1	Best Male Unequipped (Scotland)
1	82.50	82.50	Open	UN	M	SCO	Chris Wong	205.0 kg	212.5 kg	217.5 kg		115.0 kg	120.0 kg	130.0 kg		215.0 kg	230.0 kg	230.0 kg		547.5 kg	0.61930	339.0668	2	2	
1	82.50	78.60	Open	UN	M	SCO	Jamie Dunlop	155.0 kg	165.0 kg	175.0 kg		125.0 kg	130.0 kg	135.0 kg		190.0 kg	200.0 kg	205.0 kg		500.0 kg	0.64120	320.6000	3	3	
2	100.00	97.70	Open	UN	M	SCO	Thomas McGovern	190.0 kg	205.0 kg	215.0 kg		122.5 kg	122.5 kg	130.0 kg		230.0 kg	250.0 kg	265.0 kg	272.5 kg	602.5 kg	0.55990	337.3398	1	1	
2	100.00	94.10	Open	UN	M	SCO	Malcom Jack	140.0 kg	150.0 kg	150.0 kg		85.0 kg	87.5 kg	92.5 kg		205.0 kg	227.5 kg	232.5 kg		455.0 kg	0.57070	259.6685	2	2	
2	110.00	109.20	M3	UN	M	SCO	Pete Gaskin	160.0 kg	170.0 kg	180.0 kg		150.0 kg	155.0 kg	155.0 kg	160.00	230.0 kg	240.0 kg	245.0 kg		575.0 kg	0.53760	309.1200	1	1	
2	125.00	120.40	Open	UN	M	SCO	Craig Cameron	200.0 kg	220.0 kg	232.5 kg		120.0 kg	127.5 kg	130.0 kg		240.0 kg				587.5 kg	0.52660	309.3775	1	1	
2	125.00	112.90	Open	UN	M	SCO	Damion Cameron	185.0 kg	195.0 kg	205.0 kg		135.0 kg	142.5 kg	142.5 kg		195.0 kg	210.0 kg	217.5 kg		557.5 kg	0.53330	297.3148	2	2	
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