

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Powerlifting Championships 2010
Fitness Factory, Binley, Coventry - 11/04/2010

	W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	Qual.
w 1	1	53kg	E Gurdeep DE-MEIS	EM	37	Snr	52.55	110	52.5	132.5	295	283.274	YES (227.5).
w 1	1	80kg	E Mary ANDERSON	SCO	42	M1	78.55	182.5	112.5 NR	215 NR	510	355.878	YES (295).
w 1	1/1	90kg	E Bernadette MC KINLEY	SCO	30	Snr/MPF	82.55	185 WR†	120 WR†	185 WR†	490 WR†	329.672	YES (337.5).
1	1	60kg	E Aaron GIDEON	SE	30	Snr	57.7	160	140	160	460	389.528	YES (425).
2	1	60kg	E Ted BROWN	EM	79	M8	59.7	105 WR*	70 WR*	130 WR* 140 WR*	305 WR*	249.185	YES (282.5).
1	1/1	75kg	E Mark FLEMING	NE	26	Snr/MPF	74.5	240	177.5 WR†	250	667.5 WR†	445.89	YES (520).
2	1	75kg	E Dean MIKOSZ	SC	41	M1	74.5	220	150	215	585	390.78	YES (495).
1	1	82.5kg	E Rick MELDON	SE	45	M2	82	280	170	240	690	429.111	YES (502.5).
2	1	82.5kg	E Richard CROSSLAND	NM	36	Snr	80.7	227.5	160	250	637.5	400.988	YES (557.5).
3	1	82.5kg	E Russell BAIN	NW	42	M1	80.4	217.5	147.5	230	595	375.267	YES (530).
4	1	82.5kg	E Henry MD CLARK	EM	70	M7	80.9	152.5	65	160	377.5	237.032	NO (387.5).
1	1	90kg	E Neil ABERY	EM	32	Snr	87.1	302.5 NR	185	260	747.5	446.482	YES (590).
2	2	90kg	E William BROWN	SCO	36	Snr	86.1	260	170	270	700	421.26	YES (590).
3	3	90kg	E Tony CRUMP	SE	35	Snr	90	242.5	150	237.5	630	368.739	YES (590).
4	1	90kg	E Edward VAN NIEKERK	SC	54	M3	89.9	260	135	230	625	366.063	YES (505).
5	1	90kg	E Nicholas J MILES	SC	58	M4	89.9	240	60	260	560	327.992	YES (480).
6	1	90kg	E Douglas H WILLIAMS	WAL	71	M7	85.9	165 WR*	80 ER*	180 ER*	425 ER*	256.148	YES (410).
1	1	100kg	E Terry JEX	SC	54	M3	98.6	250	152.5	290 ER*	692.5	386.069	YES (537.5).
2	2	100kg	E Brian MITCHELL	SC	54	M3	91.6	175	122.5	220	517.5	299.788	NO (537.5).
1	1	110kg	E Martins CERINS	NE	32	Snr	109.9	305	200	287.5	792.5	425.256	YES (645).
2	1	110kg	E Mark NORTON	NE	45	M2	107	307.5	230 WR*	250	787.5	425.644	YES (582.5).
3	2	110kg	E Mitchell (Mitch) TUTT	SE	24	Snr	101.4	220	220	230	670	369.036	YES (645).
4	1	110kg	E Gordon G SYKES	NW	40	M1	108.4	210	145	260	615	331.178	YES (612.5).
1	1	125kg	E Andrew STONE	WAL	35	Snr	121.5	310	200	270	780	409.89	YES (662.5).
2	2	125kg	E Dean ALLISON	WM	24	Snr	125	285	185	260	730	380.33	YES (662.5).
3	3	125kg	E Matt STARLING	SE	35	Snr	117.9	270	182.5	260	712.5	376.841	YES (662.5).
4	1	125kg	E Les PILLING	NW	55	M4	113	260.5 NR*	165	260.5 ER*	685	365.242	YES (540).

(** drug tested; WR/ER/NR - World/European/National Records: * Age class Record/† MPF Record)

Best Lifters:

Women, equipped

1st Mary ANDERSON: 355.878 Points

2nd Bernadette MC KINLEY: 329.672 Points

3rd Gurdeep DE-MEIS: 283.27375 Points

Men, equipped

1st Neil ABERY: 446.48175 Points

2nd Mark FLEMING: 445.89 Points

3rd Rick MELDON: 429.111 Points