

OPEN EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5	SWEENEY Arlene (2016) SCO 110	SWEENEY Arlene (2016) SCO 47.5	SWEENEY Arlene (2016) SCO 112.5	SWEENEY Arlene (2016) SCO 270
50.5				
53				
55.5				
58.5	COYLE Suzanne (2011) SCO 87.5	COYLE Suzanne (2011) SCO 42.5	COYLE Suzanne (2011) SCO 130	COYLE Suzanne (2011) SCO 260
63				
70	ANDERSON Mary (2014) SCO 160	ANDERSON Mary (2014) SCO 87.5	ANDERSON Mary (2014) SCO 200	ANDERSON Mary (2014) SCO 447.5
80	ANDERSON Mary (2011) SCO 200.5	ANDERSON Mary (2009) SCO 116	ANDERSON Mary (2009) SCO 220	ANDERSON Mary (2011) SCO 527.5
90	McKINLEY Bernie () SCO 200	McKINLEY Bernie (2011) SCO 125	ANDERSON Mary (2010) SCO 212.5	ANDERSON Mary (2010) SCO 515
90+				

TEENAGE 1 (14-15) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

TEENAGE 2 (16-17) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5	RUTHERFORD Hayley () SCO 52.5	RUTHERFORD Hayley () SCO 30	RUTHERFORD Hayley () SCO 72.5	RUTHERFORD Hayley () SCO 155
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

TEENAGE 3 (18-19) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

JUNIOR (20-23) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 1 (40-44) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70	ANDERSON Mary () SCO	160	ANDERSON Mary () SCO	87.5	ANDERSON Mary () SCO	447.5		
80	ANDERSON Mary (2011) SCO	200.5	ANDERSON Mary (2009) SCO	116	ANDERSON Mary (2009) SCO	220	ANDERSON Mary (2011) SCO	527.5
90	ANDERSON Mary (2010) SCO	190	ANDERSON Mary (2010) SCO	117.5	ANDERSON Mary (2010) SCO	212.5	ANDERSON Mary (2010) SCO	515
90+								

MASTER 2 (44-49yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70	ANDERSON Mary (2014) SCO	160	ANDERSON Mary (2014) SCO	87.5	ANDERSON Mary (2014) SCO	200	ANDERSON Mary (2014) SCO	447.5
80	ANDERSON Mary (2015) SCO	195	ANDERSON Mary (2014) SCO	115	ANDERSON Mary (2015) SCO	210	ANDERSON Mary (2015) SCO	510
90	ANDERSON Mary (2016) SCO	180	ANDERSON Mary (2016) SCO	115	ANDERSON Mary (2016) SCO	200.5	ANDERSON Mary (2016) SCO	495
90+								

MASTER 3 (50-54yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80	ANDERSON Mary (2018) SCO	175	ANDERSON Mary (2018) SCO	110	ANDERSON Mary (2018) SCO	200	ANDERSON Mary (2018) SCO	485
90								
90+								

MASTER 4 (55-59yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 5 (60-64yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 6 (65-69yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				

47.5							
50.5							
53							
55.5							
58.5							
63							
70							
80							
90							
90+							

MASTER 7 (70-74yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 8 (75-79yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 9 (80-84yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 10 (85-89yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

M/P/F EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44								
47.5	SWEENEY Arlene (2016) SCO	110	SWEENEY Arlene (2016) SCO	47.5	SWEENEY Arlene (2016) SCO	112.5	SWEENEY Arlene (2016) SCO	270
50.5								

53								
55.5								
58.5								
63								
70								
80								
90	McKINLEY Bernie () SCO	200	McKINLEY Bernie (2011) SCO	125	McKINLEY Bernadette (2010) SC	185	McKINLEY Bernie () SCO	515
90+								