

OPEN EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5	SWEENEY Arlene (2016) SCO 110	SWEENEY Arlene (2016) SCO	47.5 SWEENEY Arlene (2016) SCO	112.5 SWEENEY Arlene (2016) SCO 270
50.5				
53				
55.5	MACDONALD Debbie (2016) SCO 90	MACDONALD Debbie (2016) SCO	55 MACDONALD Debbie (2016) SCO	135 MACDONALD Debbie (2016) SCO 277.5
58.5	COYLE Suzanne (2011) SCO 87.5	COYLE Suzanne (2011) SCO	42.5 COYLE Suzanne (2011) SCO	130 COYLE Suzanne (2011) SCO 260
63				
70	ANDERSON Mary (2014) SCO 160	ANDERSON Mary (2014) SCO	87.5 ANDERSON Mary (2014) SCO	200 ANDERSON Mary (2014) SCO 447.5
80	ANDERSON Mary (2011) SCO 200.5	ANDERSON Mary (2009) SCO	116 ANDERSON Mary (2009) SCO	220 ANDERSON Mary (2011) SCO 527.5
90	McKINLEY Bernie () SCO 200	McKINLEY Bernie (2011) SCO	125 ANDERSON Mary (2010) SCO	212.5 ANDERSON Mary (2010) SCO 515
90+				

TEENAGE 1 (14-15) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

TEENAGE 2 (16-17) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5	RUTHERFORD Hayley () SCO 52.5	RUTHERFORD Hayley () SCO	30 RUTHERFORD Hayley () SCO	72.5 RUTHERFORD Hayley () SCO 155
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

TEENAGE 3 (18-19) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

JUNIOR (20-23) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 1 (40-44) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5	MACDONALD Debbie (2016) SCO 90	MACDONALD Debbie (2016) SCO	55 MACDONALD Debbie (2016) SCO	135 MACDONALD Debbie (2016) SCO 277.5
58.5				
63				
70	ANDERSON Mary () SCO 160	ANDERSON Mary () SCO	87.5	ANDERSON Mary () SCO 447.5
80	ANDERSON Mary (2011) SCO 200.5	ANDERSON Mary (2009) SCO	116 ANDERSON Mary (2009) SCO	220 ANDERSON Mary (2011) SCO 527.5
90	ANDERSON Mary (2010) SCO 190	ANDERSON Mary (2010) SCO	117.5 ANDERSON Mary (2010) SCO	212.5 ANDERSON Mary (2010) SCO 515
90+				

MASTER 2 (44-49yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70	ANDERSON Mary (2014) SCO 160	ANDERSON Mary (2014) SCO	87.5	ANDERSON Mary (2014) SCO 200	ANDERSON Mary (2014) SCO 447.5
80	ANDERSON Mary (2015) SCO 195	ANDERSON Mary (2014) SCO	115	ANDERSON Mary (2015) SCO 210	ANDERSON Mary (2015) SCO 510
90	ANDERSON Mary (2016) SCO 180	ANDERSON Mary (2016) SCO	115	ANDERSON Mary (2016) SCO 200.5	ANDERSON Mary (2016) SCO 495
90+					

MASTER 3 (50-54yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 4 (55-59yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 5 (60-64yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 6 (65-69yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 7 (70-74yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 8 (75-79yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 9 (80-84yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 10 (85-89yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

M/P/F EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5	SWEENEY Arlene (2016) SCO 110	SWEENEY Arlene (2016) SCO 47.5	SWEENEY Arlene (2016) SCO 112.5	SWEENEY Arlene (2016) SCO 270
50.5				
53				
55.5	MACDONALD Debbie (2016) SCO 90	MACDONALD Debbie (2016) SCO 55	MACDONALD Debbie (2016) SCO 135	MACDONALD Debbie (2016) SCO 277.5
58.5				
63				
70				
80				
90	McKINLEY Bernie () SCO 200	McKINLEY Bernie (2011) SCO 125	McKINLEY Bernadette (2010) SCO 185	McKINLEY Bernie () SCO 515
90+				